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Electrons, Photons, and Force: Quantitative Single-Molecule Measurements from Physics to Biology

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The ability to measure the structure and behavior of single molecules has evolved in parallel in fields ranging from physics to biology. Molecules studied vary widely: from small molecules less than 1 nm in diameter to DNA molecules with lengths of several thousand nanometers. Some measurements are performed at cryogenic temperatures (often near 1 K) and ultrahigh vacuum (10^{-9} Torr), others in liquid at room temperature. Some experiments measure the molecule directly, while others require attachment of a high-contrast label, which may be orders of magnitude larger than the molecule itself.

Broadly, the field has evolved from two complementary perspectives that may be understood in analogy to the “top-down vs bottom-up” dichotomy that has driven nanotechnology. The bottom-up approach starts from single atoms and certain classes of simple molecules, observed under rigorously controlled conditions (often cryogenic temperatures and ultrahigh vacuum). Such experiments have their roots in the early development of field emission and field ionization microscopy^{1,2} and have evolved and expanded to include such techniques as single-molecule fluorescence³ and transmission electron and scanning tunneling microscopies,⁴ some with resolutions better than 0.1 nm.

The top-down approach starts from large macromolecules such as DNA, sometimes with lengths as great as several micrometers.^{5–7} Although such molecules natively function in complex, three-dimensional cellular environments, early experiments required simplifications in order to observe single molecules. Typically this meant fixing molecules to surfaces and/or operating in simple solutions such as aqueous buffers. A number of experimental techniques have developed in parallel: optical

ABSTRACT Single-molecule measurement techniques have illuminated unprecedented details of chemical behavior, including observations of the motion of a single molecule on a surface, and even the vibration of a single bond within a molecule. Such measurements are critical to our understanding of entities ranging from single atoms to the most complex protein assemblies. We provide an overview of the strikingly diverse classes of measurements that can be used to quantify single-molecule properties, including those of single macromolecules and single molecular assemblies, and discuss the quantitative insights they provide. Examples are drawn from across the single-molecule literature, ranging from ultrahigh vacuum scanning tunneling microscopy studies of adsorbate diffusion on surfaces to fluorescence studies of protein conformational changes in solution.

KEYWORDS: single molecule · scanning tunneling microscopy · atomic force microscopy · transmission electron microscopy · optical microscopy · subdiffraction microscopy · Förster resonance energy transfer · fluorescence · photoactivation light microscopy · magnetic resonance · spin · magnetic resonance force microscopy · electron spin resonance · nitrogen vacancy

measurements based on attachment of single fluorophores or other optical tags;^{8–10} force measurements using optical traps,¹¹ magnetic beads,^{5,12} flowing solvent,^{13,14} or AFM;¹⁵ and patch clamp¹⁶ and other techniques¹⁷ based on the application of external fields.

Both bottom-up and top-down approaches have developed increasingly sophisticated single-molecule measurements. For bottom-up measurements, this typically means understanding larger, more complex molecules in less restricted environments (frequently under atmospheric conditions and sometimes in liquids).^{8,18–21} For top-down measurements, this often means understanding more details about an already complex molecule, either by measuring at shorter length scales or by working in less simplified environments (e.g., live cells).^{22–27} Bottom-up experiments typically provide more detailed information on molecular behavior, and top-down experiments still deal in more complicated molecules and environments.

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As these approaches begin to converge in terms of both length scales and target complexity, it becomes important to develop a joint understanding that exploits the measurement capabilities of each. Across the spectrum of tools and targets, experiments have localized and measured the topography of molecules in space, tracked their motion, and quantified their physical properties. Imaging ranges from tracking single molecules in live cells²³ to mapping the chemical structure of single molecules on surfaces.²⁸ Molecular motion can also be measured, from internal conformational changes to nanometer-scale rotation and translation,^{11,29} as well as the forces required for these motions.³⁰ Single-molecule spectroscopic measurements include molecular vibrations,³¹ conductance,³² nuclear³³ and electronic spins,³⁴ and differences in enzymatic activity.^{35,36}

To create a more unified perspective, we select seminal reviews and experimental examples from across the breadth of the single-molecule literature, grouped broadly by probe type. We discuss electron-based measurements,¹⁸ optical measurements,^{8,37} and force-based methods^{11,12} (Figure 1), with a primary focus on work in the condensed phase. Each probe type has unique measurement advantages, which we first discuss briefly to provide context for understanding how the physical properties of the sample and length scales to be measured influence the choice of probes.

Electrons have a number of features that make them useful probes at the very short length scales relevant for single-molecule measurements. Their small mass means they exhibit substantial quantum mechanical tunneling behavior, which allows measurement of distances up to a few nanometers with sub-Ångström sensitivity. Coupling tunneling with inelastic processes enables measurement of vibrational and other energy levels.^{38,39} The sub-Ångström wavelength of high-energy electrons means they are able to resolve atomic-scale features in diffraction experiments.⁴⁰ Since electrons are responsible for molecular bonding, measuring electronic conductance through a molecule can in some cases also probe single-molecule conformations.⁴¹

The excellent spatial resolution achieved in electron-based single-molecule measurements comes at a cost. Observed areas are typically quite small (often much less than $1\ \mu\text{m}^2$). Thus, while measuring the behavior of a single molecule relative to its immediate environment is straightforward, relating it to micro- to macroscopic features can be more difficult. Electron-based measurements also place fairly stringent requirements on sample preparation: scanning tunneling microscopy generally requires samples no more than a few nanometers thick on conductive substrates, and transmission electron microscopy requires samples to be electron-transparent (usually less than 100 nm thick and composed of low-atomic-number materials).

Photons in the visible and near-visible ranges have much longer wavelengths and, consequently, are used in

VOCABULARY: diffraction limit—nominal lower bound on feature sizes resolved with scattered particles or radiation; in general, 200 nm for visible light and less than 0.1 nm for high-energy electrons • **conformational change**—a change of the orientation (geometry) of a given chemical group relative to others in a single molecule or macromolecule • **real-space measurement**—in this context, a measurement based on positions of individual molecules, rather than by diffracting radiation through a regular lattice; advantageous since it allows heterogeneous structures to be measured • **localization**—ability to determine the location of a single molecule in space • **resolution**—ability to distinguish two closely-spaced molecules; in general, for far-field measurements, resolution is proportional to the wavelength of probe radiation used.

different ways to quantify single-molecule behavior. The longer length scales typically probed under photonic illumination make such measurements especially useful in quantifying the relationships between single molecules and micro- to macroscopic features in their environment, such as in biological samples. Measuring the behavior of a single molecule requires that the molecule display a unique optical signature to distinguish it from up to trillions of background molecules; almost universally this is achieved by covalently binding a fluorescent emitter or other optical tag to the molecule of interest.⁴² Fluorophores can be chosen to be sensitive to pH, electric fields, ionic strength, and other factors, providing a probe of the target molecule's immediate environment.⁴³ Fluorescence polarization measurements can be used to determine fluorophore orientation, which correlates with target molecule orientation.⁴⁴

The diffraction limit would appear to restrict photonic measurements to features of hundreds of nanometers and larger. However, subdiffraction optical methods, such as stimulated emission depletion and selective photoactivation, are beginning to allow single fluorophores to be localized down to tens of nanometers, usually at a cost to measurement time and thus the ability to probe dynamics. Measurements of energy transfer efficiency between two fluorescent dyes or plasmonic probes can be used to measure the distance between the probes enabling measurements of the dynamics of protein conformation changes on millisecond time scales.

In addition to diffraction-based limitations on spatial resolution, fluorescence measurements are constrained by the need to add a label to the molecule of interest and by the fact that fluorescent dyes eventually bleach, losing their ability to fluoresce after 10^4 – 10^6 excitations. Nanoparticle probes are less sensitive to bleaching, but are often larger than the molecule being measured.

Forces between a sharp cantilever and a surface can be used to measure the topography of single molecules on a surface. Typical lateral resolution is 1–10 nm

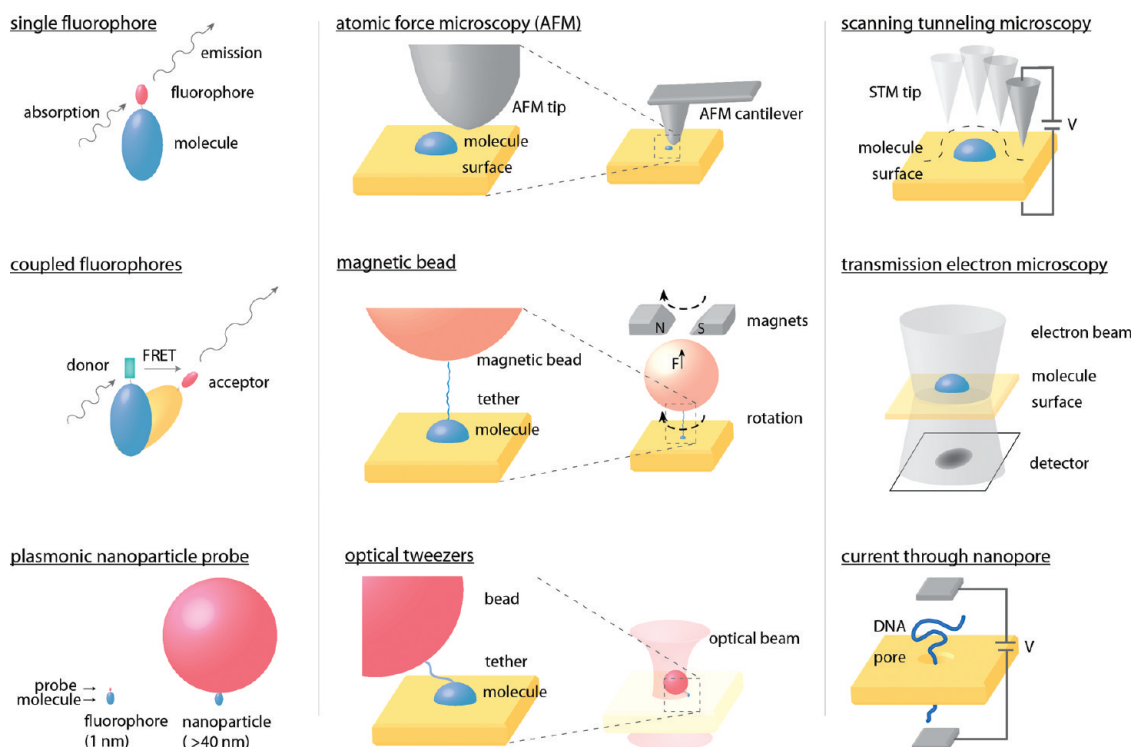


Figure 1. Quantitative analysis of single-molecule measurements based on photons, force, and electrons. Photonic measurements (left) are usually based on one or more fluorescent labels (either small molecules or fluorescent proteins) or a larger nanoparticle label. Force-based measurements (center) typically use a macroscopic cantilever or a micrometer-scale bead to apply forces from piconewtons to nanonewtons. Electron-based methods (right) can involve electron conductance, tunneling, or scattering.

(depending on the radius of curvature of the cantilever tip), with vertical resolution better than 1 nm. However, careful instrumental design (often including ultrahigh vacuum and cryogenic temperatures) and noncontact imaging based on frequency shifts can provide sub-nanometer lateral resolution.

Force-based methods are also useful for understanding force-induced conformational changes in single molecules. Such measurements typically involve a molecule tethered to a surface and to a probe (such as an AFM tip, magnetic bead, or nanoparticle suitable for optical trapping). Forces on the order of 0.1–1000 pN are applied to the probe, resulting in measured displacements on the order of nanometers, usually corresponding to protein unfolding or motion of a molecular motor.⁴⁵

In comparison to optical traps and magnetic beads, AFM allows the application and measurement of larger forces, usually with lower spatial resolution due to surface drift relative to the probe. Often AFM measurements use nonspecific binding between target and probe, which can impact reproducibility. Optical traps work in a lower force regime (<100 pN) but can provide better spatial resolution (<1 nm), especially if the target is bound to two traps rather than a trap and a surface.⁴⁶ Targets are usually bound to the trap bead using specific covalent strategies, increasing reproducibility, but photodamage of the target is a concern. Magnetic

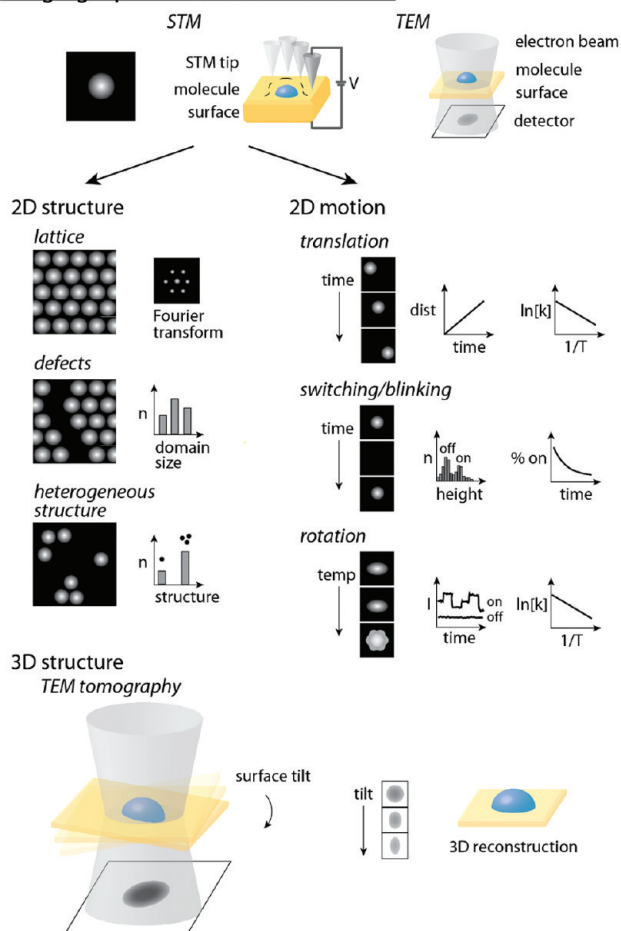
beads work in an even lower force regime (<20 pN) and provide reduced spatial resolution relative to optical traps but eliminate the concern of photodamage and allow the probe to be rotated controllably.^{6,45} Forces can also be applied to many magnetically labeled targets in parallel.⁴⁷

ELECTRON-BASED MEASUREMENTS

Electrons are well-suited for direct, label-free measurements of single molecules, in which either the structure of the molecule or its interactions with its immediate surroundings (over length scales of 1–100 nm) are of interest. Two of the most widely used techniques for performing such measurements are scanning tunneling microscopy (STM) and transmission electron microscopy (TEM).

In STM (Figure 1, top right) molecules are adsorbed on a conductive surface, and an atomically sharp metallic probe is rastered across the surface while a bias (typically about 1 V) is applied and a tunneling current (picoamperes to nanoamperes) is measured. The tunneling current decreases exponentially with increasing tip–surface distance and is measurable up to distances of a few nanometers. Thus, the topography of surface features, including single molecules and atoms, can be measured with both vertical and lateral resolution better than 0.1 nm (sometimes 0.1 pm). The tunneling current also depends on the

imaging – position, structure, motion



spectroscopy

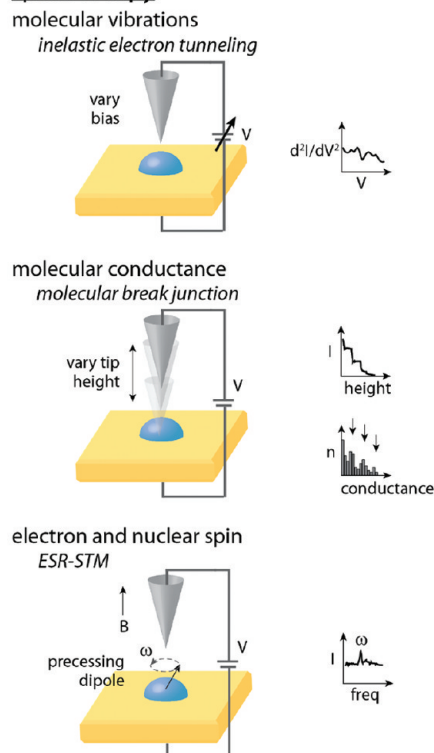


Figure 2. Overview of electron-based single-molecule measurements. Electrons can be used to perform label-free structural measurements of single atoms and molecules, including molecular lattices and their defects, heterogeneous structures, and motion including diffusion and switching. Single-molecule spectroscopy can also be performed using a scanning tunneling microscope by varying either bias or tip height or by applying a magnetic field to polarize spins.

electronic structure of the molecule in the tunneling junction; thus, it is possible to quantify energy levels within the molecule using STM. Since each pixel in an STM image is collected sequentially, frame rates are relatively slow: a 256×256 pixel image, collected at 1 ms per pixel (about 6000 tunneling electrons in 1 ms at 1 pA), requires approximately 1 min to acquire.

In TEM (Figure 2, top center), molecules are deposited on a thin, electron-transparent surface, and a beam of high-energy electrons (on the order of 100 keV) is directed through the sample. Unscattered electrons can be collected in a CCD, producing a negative image of the strong electron scatterers. Scattering intensity depends on both crystallographic order and the atomic number of the scatterer. For low-contrast samples such as proteins, salts containing high-atomic-number nuclei, such as uranyl acetate, can be used to enhance contrast. Diffraction patterns in scattered electrons can also be analyzed to measure crystallographic structure in ordered samples. Typical spatial resolutions are on the order of 1 nm, although there are recent examples of resolutions better than 0.1 nm.

Imaging Structure. Both STM and TEM can be used to measure the structure or motion of molecules on surfaces;^{40,48–51} STM can also be used to perform spectroscopy on single molecules (Figure 2, right).⁵² One of the powerful advantages to performing label-free real-space measurements at subnanometer length scales is that it allows the single-molecule measurement not only of ordered structures but also of defects and heterogeneous structures. This is important since nanoscale reactivity is often determined by the behavior of high-energy defects and other heterogeneous features.^{53,54}

Lattice Structure. Molecular lattices have traditionally been measured using crystallographic techniques such as X-ray diffraction (XRD), but in some cases, it is both possible and advantageous to measure lattices using single-molecule techniques (Figure 3).⁵⁵ In STM, the organization of the molecules on the surface is measured directly in real-space, and image-processing software is used to calculate lattice parameters based on the Fourier transformation of the image. A typical calculation might be made using a $20 \text{ nm} \times 20 \text{ nm}$ image containing roughly 10^3 molecules in a single 2D

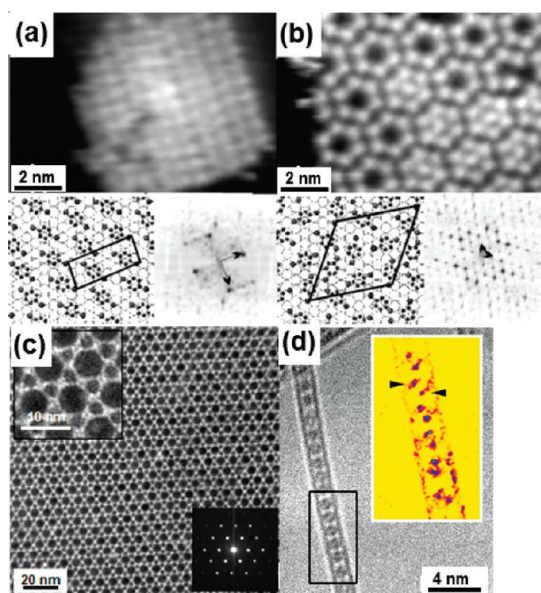


Figure 3. Electron-based measurements can be used to quantify both regular lattice structures and defects. (a,b) STM is used to quantify packing density and structure of two different halogenated phenols on a Cu{111} surface. Both regular structure and defects are evident in both frames. (c) TEM image and Fourier transform of a nanocrystal superlattice composed of PbS and Pd particles. Again, direct imaging allows defects to be observed in addition to lattice structure. (d) TEM image of a one-dimensional lattice of endohedral lanthanide fullerenes in a single-walled carbon nanotube. Inset shows positions of individual lanthanide atoms within fullerenes. Note that while TEM typically measures longer length scales than STM (observe difference in scale bars between (a–b) and (c)), it is also possible to measure shorter length scales similar to STM (note similar scale bars in (a–b) and (d)). Adapted from refs 58, 59, and 66.

layer. In relation, 3D single-crystal XRD measurements require a 50–500 μm^3 crystal containing on the order of 10^{15} molecules⁵⁶ and averages out heterogeneous features. Conversely, a 2D STM lattice measurement shows heterogeneous features but may or may not provide information about the locations of nuclei within the molecules, depending on molecular orientation.^{55,57}

Molecular lattice structures based on STM image analysis have informed much of the understanding of the behavior of self-assembled monolayers (SAMs) on surfaces.^{55,60} Such measurements can be made under vacuum or atmospheric conditions or at liquid–solid interfaces. The properties of a monolayer depend strongly upon both its epitaxy with the underlying substrate and the strength of intermolecular interactions within the monolayer, also determined by lattice spacing. Substrate epitaxy is critical enough that SAM lattices are described in relation to the substrate lattice. For example, the $(\sqrt{3} \times \sqrt{3})R30^\circ$ lattice formed by *n*-alkanethiolates on Au{111} has a lattice constant of $4.995 \text{ \AA} = \sqrt{3} \times 2.884 \text{ \AA}$ (the Au lattice constant) and is rotated 30° relative to the Au lattice.⁶¹ A wide variety of SAM lattices have been measured,²¹ including alkanethiols, alkaneselenols, functional cage molecules, amino acids, sugars,

and DNA bases. Even complex structures such as lattices formed by different stereochemical binding patterns of modified oligo(phenylene ethynylene) molecules can be measured.⁶² In cases where binding is more promiscuous, such as *n*-alkaneselenolates on Au{111}, Moiré patterns can still form, resulting in large unit cells comprising many molecules.⁶³

Lattice structures measured by TEM complement the length scales of those measured by STM. While it is difficult to measure lattices for small-molecule organic species due to their low electron scattering cross sections, TEM has been used to measure both atomic lattices in higher-atomic-number inorganic nanocrystals with sizes comparable to single proteins and structures of superlattices composed of nanocrystals.⁶⁴ In certain cases, it is also possible to achieve even higher resolution using aberration-corrected lenses and for structures with inherently high contrast or low background. For instance, fullerene peapod structures can be observed inside carbon nanotubes,⁶⁵ and when the structures are assembled using endohedral lanthanide fullerenes, the positions of individual lanthanide atoms can be measured within the assembly.⁶⁶

Recently, it has also become possible to determine 3D structures for large, high-symmetry organic molecules such as virus capsids by compiling thousands of real-space images taken from individual capsids at a range of angles.^{67–69} This technique has been used to derive crystal structures of aqueoviruses⁶⁸ and the holoenzyme of propionyl-coenzyme A carboxylase⁶⁹ with resolutions as good as 3.3 and 3.2 \AA , providing important insights into the biological functions of each. Although computationally intensive, such analyses are valuable for a broad range of biologically important molecules that have not yet been successfully crystallized and therefore cannot be analyzed by standard bulk structural techniques such as XRD.

Defects and Heterogeneous Structure. While the ability to measure regular structures at the nanoscale has proved important in understanding the properties of nanostructured surfaces and materials, the ability to probe structural heterogeneities is equally vital. Defects and disordered areas are often the most reactive sites in molecular and atomic lattices, and heterogeneous, non-crystalline structures can be the most important to probe at the single-molecule level since they are difficult or impossible to characterize using bulk or ensemble measurements.

Scanning tunneling microscopy resolves surface structure and defects with molecular detail and has been used to quantify changes in SAM structure, including nanometer-scale increases in domain size^{70,71} and changes in lattice structure^{72,73} due to thermal annealing, as well as nanometer-scale phase segregation in multicomponent SAMs.^{74,75}

Both inorganic surfaces and self-assembled 2D lattices of alkanethiols bound to Au{111} surfaces *via* their thiol headgroups have been studied

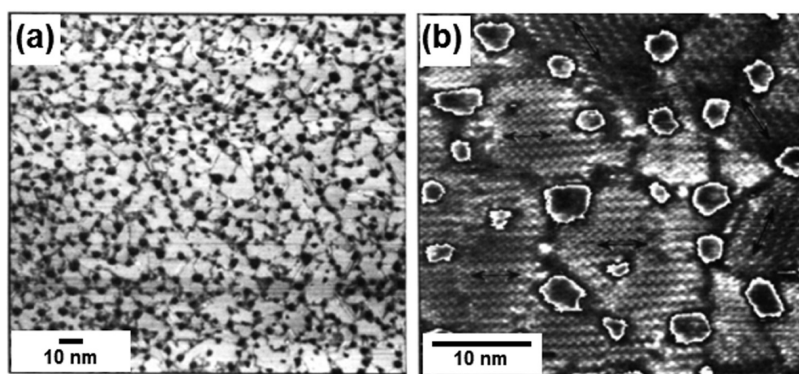


Figure 4. Scanning tunneling microscopy used to measure heterogeneity in self-assembled monolayers of alkanethiols on Au{111}. Addition of thiols to an atomically flat gold surface causes reconstruction of the gold surface under ordered molecular domains and creates irregular one-atom deep pits where thiols have removed gold atoms. The etch pits act to trap tilt domain defects (lines running between pits in (b)). Adapted from ref 76.

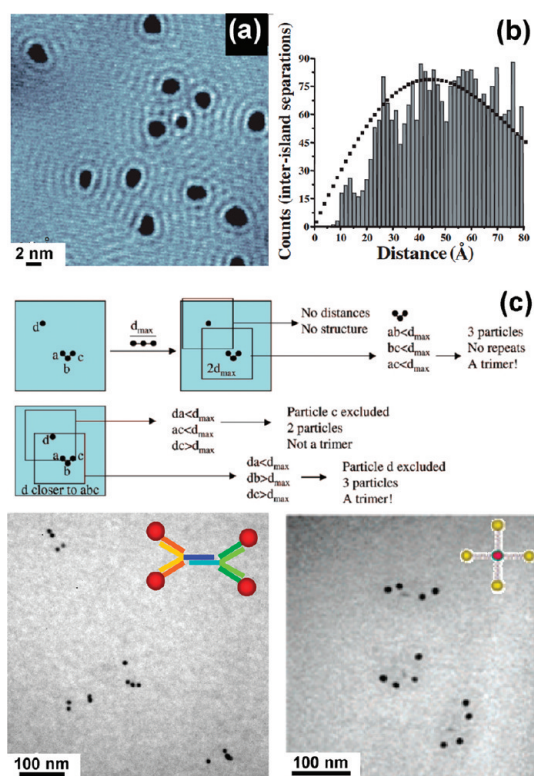


Figure 5. Electron-based measurements in real space can be used to quantify heterogeneous structure at the single-molecule scale. (a) STM image of Br adatom islands on Cu{111}. (b) Histogram of inter-island distances exhibits peaks at multiples of half the Fermi wavevector; black dotted line shows the expected distribution in the absence of interisland interactions. (c) Automated analysis of TEM images identifies gold nanoparticle and gold/quantum dot groupings on single-molecule DNA scaffolds; DNA scaffolds are not visible in TEM images due to the low atomic number of organic elements. Adapted from refs 91 and 98–100.

extensively.⁵⁵ For example, Poirier and Tarlov observed that adding alkanethiols to an atomically flat gold surface has a number of important effects in addition to forming a SAM (Figure 4).⁷⁶ The gold structure distorts under the 5–15 nm ordered domains in the monolayer, forming a $c(4 \times 2)$ lattice, and irregular

one-atom deep pits form in the gold surface as atoms are removed by thiols in solution. Domain boundaries, the largest and most reactive defects in the SAM, are found to run between pairs of vacancy islands, an example of resolving complex inter-related processes on surfaces at the single-molecule level.

Defect reactivity can be used to target further deposition of single active molecules in the monolayer; secondary deposition can also be tracked by STM. This capability has been exploited by Andrews and co-workers to distribute neurotransmitter receptors on a surface,⁷⁷ increasing binding specificity, and by Weiss and co-workers to distribute single-molecule switches,^{20,41,78} increasing switching activity. In this context, monolayer defects can be controlled through high-temperature annealing or selection of the size and chemistry of the assembled molecules,^{79–85} thereby controlling the placement and environments of active molecules inserted for study.

Both STM and TEM can be used to measure the behavior of heterogeneous structures at the molecular level (Figure 5). For instance, STM measurements of heterogeneous structure by a number of groups have been used to quantify substrate-mediated interactions.^{86–91} Figure 5a shows an image of 2 nm islands of Br atoms adsorbed to a Cu{111} surface, measured by Weiss and co-workers.⁹¹ The Br adsorbates perturb the energy levels of the surface, visible as rings around each island. Measuring the shortest distance between more than 3000 pairs of neighboring islands (Figure 5b) reveals peaks at multiples of 1.5 nm, or about half the Fermi wavevector. Simultaneous barrier height and topography measurements of single molecules in heterogeneous (bicomponent) SAMs have been used to measure the tilt angles of single alkanethiols.⁹² Structure within a single molecule can also be probed. While some molecules contain high-contrast features that can be measured directly, large molecules lacking significant contrast, such as DNA, can be stained by metallic intercalators to enhance contrast.⁹³ A number of studies have probed the ability of STM to identify nucleotides.^{94,95}

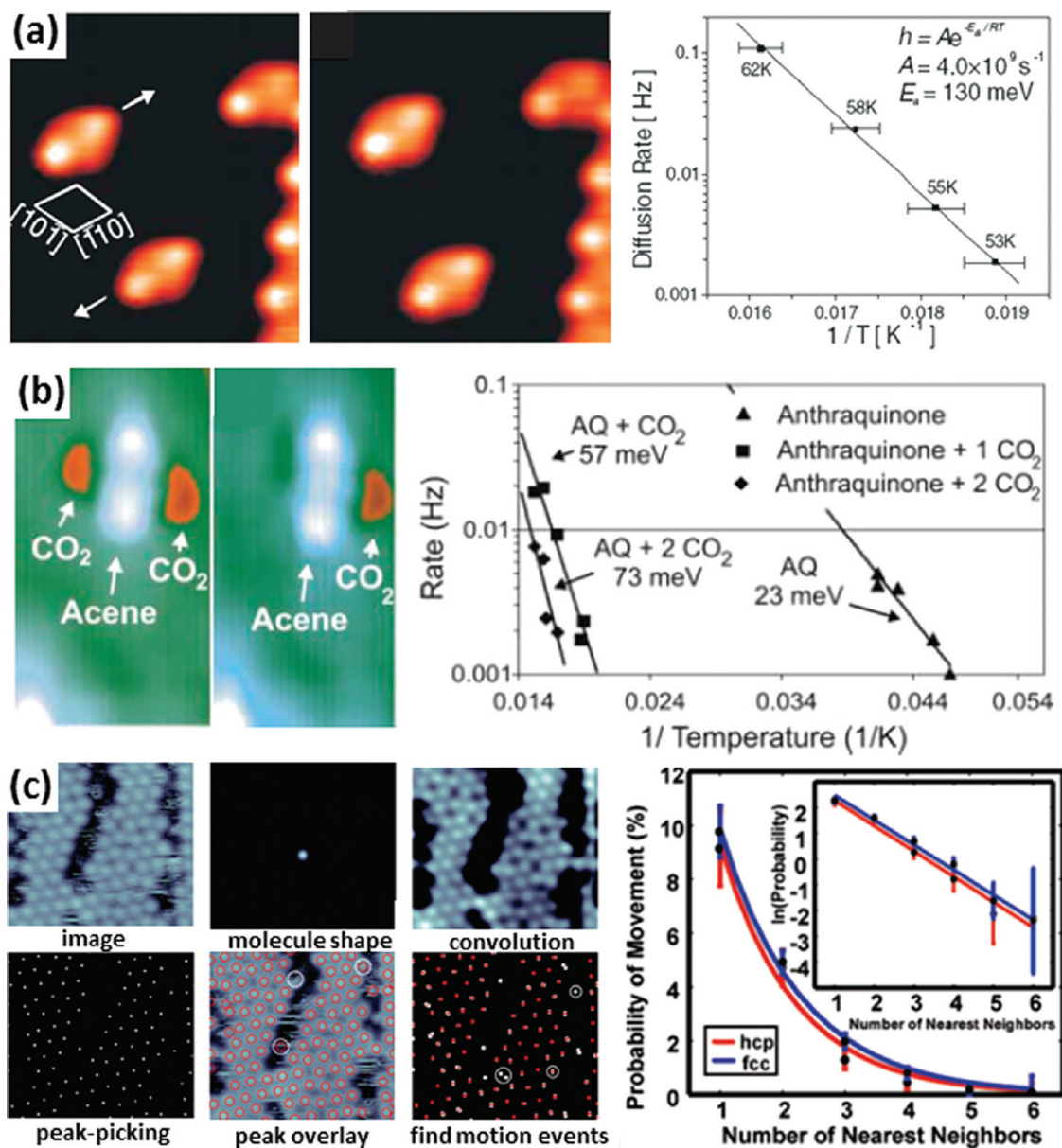


Figure 6. Measuring single-molecule motion on surfaces using STM. (a) Diffusion of aromatic acene on Cu{111} and Arrhenius plot of diffusion rate vs T . (b) STM images of single acene molecules bound to one and two CO₂ molecules, and Arrhenius plot showing reduced diffusion rate of acenes with CO₂ bound. (c) Automated analysis of diffusion of benzene on Au{111} based on image cross-correlation. Motion events are binned based on the number of nearest-neighbor benzenes to calculate association energies based on substrate-mediated interactions. Adapted from refs 104 and 109–111.

Larger molecules such as DNA can also be studied by TEM,^{96,97} although again additional contrast agents may be required due to the low scattering cross sections of organic compounds. Figure 5c (lower half) shows TEM images of discrete structures comprising individual DNA helices bound on both ends to Au nanocrystals⁹⁸ and/or quantum dots.⁹⁹ A custom image-analysis routine¹⁰⁰ developed by Alivisatos and co-workers allows automated analysis of hundreds of structures to determine population hybridization statistics. Nanocrystal labels may also be combined with background staining to visualize single protein filaments and other biological structures more completely.¹⁰¹

Electronic Measurements of Motion. Although both STM and TEM are most often used to perform static measurements of molecules or particles, each technique has also been used to quantify motion at the nanometer scale. This provides linear spatial resolution an order of magnitude better than even subdiffraction optical methods, while often restricting the types of samples that can be examined. Broadly, electron-based studies can be classified as measurements of translation, rotation, and switching.

Translation. Molecules adsorbed on surfaces can undergo 2D diffusive motion, which can be quantified by STM.^{102,103} As mentioned previously, STM frame rates

are typically on the order of minutes, so such studies are sometimes performed at low temperatures (often 4 K) to slow diffusion to a relevant time scale; the temperature is selected to match the barrier to motion and the limited data acquisition rate. A number of studies by Bartels and co-workers have measured Arrhenius diffusion constants for small aromatic molecules on Cu{111},^{104–108} tracking on the order of 1000 motion events.

Studies at the single-molecule level highlight phenomena that would be averaged out in bulk measurements. For instance, measurements of 9,10-dithioanthracene (DTA) (Figure 6a) show that it diffuses only parallel to the long axis of the molecule, with a rate constant of $4 \times 10^9 \text{ s}^{-1}$.¹⁰⁴ For a similar molecule, anthroquinone, which can bind up to two CO₂ molecules (Figure 6b), diffusion rates were found to correlate strongly with the number of bound CO₂ molecules.¹⁰⁹

Automated image analysis greatly facilitates such measurements. Weiss and co-workers studied the motion of benzene on Au{111},^{110,111} developing an automated image analysis procedure based on image convolution and cross-correlations. Motion events in over 800 sequential images were pooled and analyzed to calculate the strength of interactions between neighboring benzene molecules on the surface.

Currently, the ability to measure diffusive processes by STM at higher temperatures is largely limited by slow frame rates, which arise from the precise feedback control required for nonperturbative imaging. Ongoing development of high-speed (video-rate and faster) STM scanning mechanisms promises to expand the range of dynamic processes that can be measured.^{112–114}

Faster native frame rates (on the order of milliseconds) make TEM better suited to the study of dynamic processes. A variety of *in situ* TEM designs enable measurements of nanoscale responses to external stimuli such as mechanical force from an AFM or the application of an electric field. The requirement that samples be strong electron scatters has meant that most studies have examined dynamic processes in larger (>10 nm) nanoscale particles of inorganic materials.¹¹⁵ However, some measurements are approaching the resolution and sensitivity necessary for single-molecule experiments. For instance, tumbling motions of single La atoms confined within La₂@C₈₀–carbon nanotube peapod assemblies have been observed.⁶⁶ Importantly, the ability to observe the motion of high-contrast species may enable tagging experiments similar to many of the optical experiments discussed in later sections.

The high-energy electron beam requires that samples be measured under vacuum, which has limited studies in liquid, restricting many types of dynamic processes. The recent development of enclosed liquid TEM sample holders^{116–118} has enabled the measurement of both diffusion of small (~5 nm) inorganic nanocrystals¹¹⁷ and the rate of growth of individual nanocrystals in solution

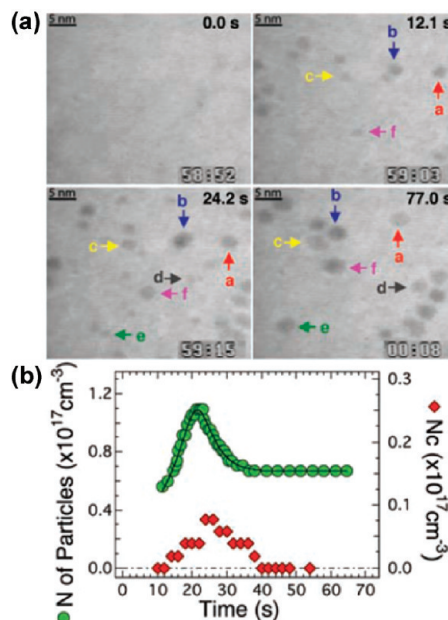


Figure 7. (a) Sequence of liquid TEM images of the growth and coalescence of single platinum nanocrystals. (b) Tracking the number of nanoparticles over time shows an initial growth phase followed by coalescence. Adapted from ref 118.

(Figure 7), with particles becoming visible starting at about 2 nm in diameter.¹¹⁸ Again, the ability to measure single particles directly in real space provides insights unavailable from bulk measurements. For instance, measurements of large numbers of diffusion events in anisotropic rod-shaped particles have quantified differences in diffusion rates along the long and short axes.¹¹⁷

Conformational Changes: Switching. Molecular switching processes are central to biological activities ranging from vision to muscular contraction; more recently, they have also been studied in the context of nanoscale electronic and mechanical devices.^{119–121}

Since STM can measure both molecular topography and electronic energy levels, the technique has been used to quantify the behavior of both electronic and mechanical molecular switches.¹²² Single-molecule switching measurements can also be performed using nanofabricated break junctions;¹²² here we focus on STM-based measurements since they also allow investigation of the local environment.^{52,123}

Certain classes of molecules, such as oligo(phenylene ethynylene) (OPE) derivatives,^{41,78,81,124,125} porphyrins,^{126,127} azobenzenes,¹²⁸ naphthalocyanines,¹²⁹ and rotaxanes,^{119,130} undergo conformational switching, which can be monitored by STM, based on changes in either conductance or geometry. In all such measurements, coupling between the molecule and the surface (and STM tip) is an important consideration, as are steric interactions with both the surface and surrounding molecules (especially if measured as part of a larger assembly).

The behavior of populations of single-molecule switches can be quantified through repeated imaging

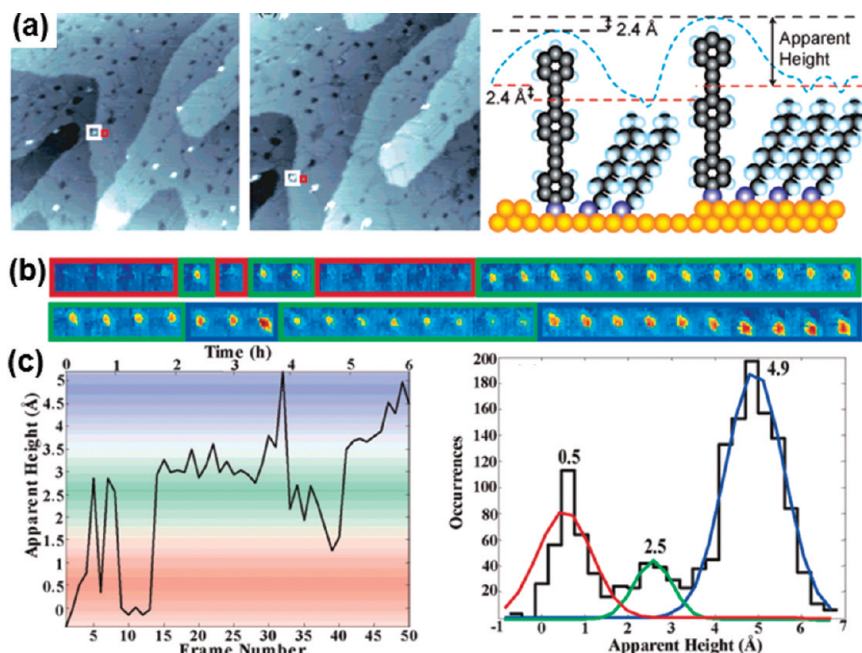


Figure 8. STM imaging of single-molecule switching and diffusion on surfaces. (a) Single oligo(phenylene ethynylene) molecules near step edges in a Au{111} surface exhibit both ON/OFF conductance switching and migration up and down the monatomic step edges. (b) Sequential images of the same molecule show three populations of apparent heights analyzed over time and in histogram form (c). Adapted from ref 81.

of a single set of molecules to form “stop-action” movies. For instance, Weiss and co-workers measured hundreds of individual OPE molecules bound to a Au{111} surface distributed throughout a monolayer of less conductive alkanethiols. Binning according to their apparent height allows classification into populations—molecules in the “ON” state appear in higher contrast due to both their orientation more normal to the surface and their greater conductance (Figure 8). Quantifying the number of ON and OFF molecules makes it possible to measure the response of switches to external factors such as applied electric fields⁷⁸ and electrochemical potential,¹³⁰ as well as local environmental factors such as SAM order or disorder.⁴¹ The relatively large number of molecules measured also enables tracking of minority populations, for instance, in molecules that perform atomic-scale stepping motions near step-defects in the underlying substrate.⁸¹

Switching of individual molecules oriented parallel to the surface can also be quantified, often with even better spatial resolution.^{129,130} For example, naphthalocyanine molecules deposited on NaCl bilayers on Cu(111) exhibit two-state current switching when the STM tip is positioned above one end of the molecule (Figure 9a).¹²⁹ Constant-current images of the entire molecule show differences in electron density corresponding to the two tautomers formed by hydrogen shifts. When the STM tip is sequentially positioned at points over a single molecule and the rate of switching at each point is measured based on approximately 100 current switching events, systematic differences are observed across the molecule (Figure 9c).

Mechanical switches based on azobenzene derivatives have been well-studied at the single-molecule level by STM in both horizontal and vertical configurations and show important differences in switching behavior based on the extent of their coupling to the surface.^{128,131,132} Under irradiation with UV light, azobenzene undergoes isomerization from its more stable *trans* state to a less stable *cis* state. Experiments by Crommie and co-workers have quantified the absorption cross section for the isomerization when the molecules lay flat on a Au{111} substrate; cross sections under both UV and visible radiation are $2.3 \times 10^{-23} \text{ cm}^2$, 4 orders of magnitude lower than typical solution cross sections for the same reaction. Unlike the solution reaction, *trans*-to-*cis* cross sections were similar to *cis*-to-*trans* under blue illumination, suggesting fundamental differences in the reaction process.¹³³ Further, as shown by Weiss and co-workers, when the aromatic groups are spaced away from the surface through a nonconjugated linker, the dominance of the *trans*-to-*cis* isomerization under UV irradiation and *cis*-to-*trans* under visible irradiation can again be measured (as in solution).¹³⁴

Rotation. Molecular rotors are central to natural processes, such as the interconversion of chemical and mechanical energy by F1-ATPase.¹³⁵ Since such rotors are widely used to perform work in natural systems, they have also been studied in the context of molecular machines.^{29,136,137} In solution, the action of molecular rotors is typically characterized by NMR, measuring changes in coupling between nuclei in the rotor as their proximities change due to rotation.

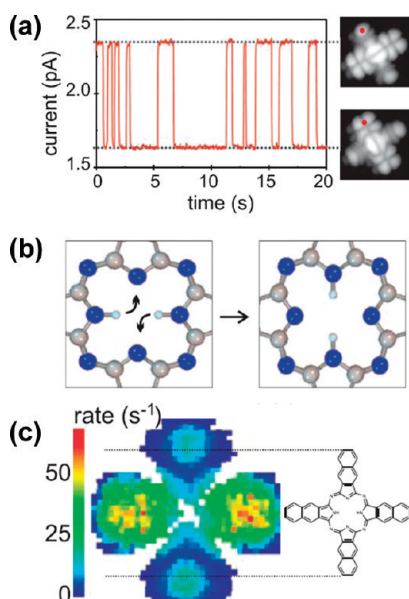


Figure 9. Standard STM geometry used to quantify conductance at many points within a single-molecule switch. (a) Changes in tunneling current observed at a single point due to hydrogen tautomerization in naphthalocyanine on a NaCl bilayer on Cu(111). (b) Schematic of tautomerization. (c) Spatial mapping of switching rate, with each pixel representing approximately 100 switching events. Adapted from ref 129.

However, a number of groups, including those of Feringa¹³⁸ and Michl,^{139,140} have begun to perform ensemble studies of molecular rotors bound to surfaces as a means for controlling motion on the molecular scale.

Rotation of individual molecules on surfaces can be visualized by STM, although as with translation, the relatively slow frame rate may make it difficult to measure the rotation rate directly. Single-molecule rotation measurements were first reported by Gimzewski in 1998 for hexa-*tert*-butyl decacyclene (HBDC), a propeller-shaped conjugated molecule with three-fold symmetry.¹⁴¹ When surrounded by other HBDC molecules in a lattice, the molecules did not rotate, but if a single molecule shifted slightly within a nanoscopic vacancy in the lattice, it began to rotate faster than the imaging rate of the STM, blurring the three-fold symmetric shape and creating a toroidal image.

As with translation, the energetics of rotation can be quantified by measuring large numbers of rotation events at varying temperatures.¹⁴² Rotation rates faster than the STM frame rate are measured by holding the STM tip stationary over the edge of the molecule, turning off the feedback loop, and monitoring changes in current as the molecule switches between its allowed rotational states. Sykes and co-workers have performed such studies with dibutyl sulfides on Au{111} (Figure 10).¹⁴³ Below 15 K, each molecule appears as an elliptical protrusion on the surface; above 15 K, the molecule begins to rotate between three equivalent orientations with respect to the Au lattice. The measured energy barrier is on the order of

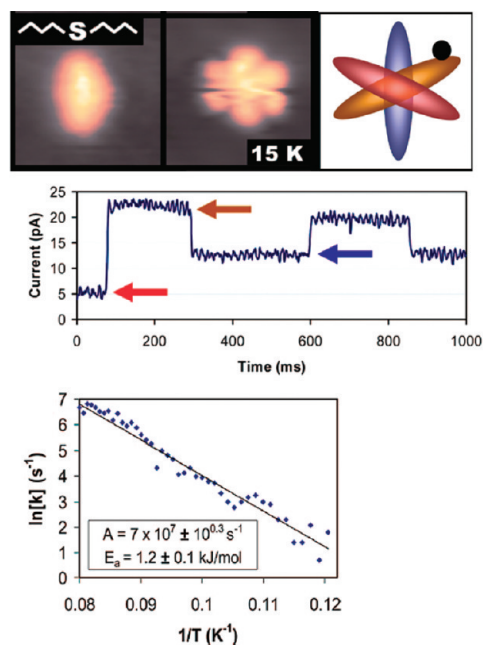


Figure 10. Molecular rotation can be quantified by STM. At temperatures above 15 K, dibutyl sulfide rotates between three equivalent orientations (top right) on a Au{111} surface, appearing as a hexagon (top center). When the STM tip is positioned off-center on the molecule (top right, black dot), changes in the tunneling current can be used to track changes between the three orientations (center). Many such measurements can be combined to calculate rotational energy barriers and pre-exponential factors (bottom). Adapted from ref 143.

1 kJ/mol. An automated analysis procedure facilitates quantification and binning of large numbers of state changes.¹⁴⁴

Although the use of scanning probes limits image acquisition rates, rotors can be measured in the context of their immediate molecular environment and manipulated on the surface. For instance, rotors can be pushed across the surface using the STM tip, bringing them into proximity with other molecules,^{143,145,146} which allow them to be controlled in either rack-and-pinion¹⁴⁵ or molecular gear¹⁴⁶ configurations. Electrons from the STM tip can be used to initiate rotation or to increase rotation rates, as demonstrated by Ho and co-workers for O₂ on Pt{111}.¹⁴² Inelastic tunneling processes can excite vibrational modes in molecules that also contribute to rotational processes. Ho and co-workers measured this property in acetylene (C₂H₂) and deuterated acetylene (C₂D₂) on Cu(100).¹⁴⁷ Inelastic coupling leads to 10-fold and 60-fold increases in rotation rates, respectively, for the two species when tunneling electrons have appropriate potentials (358 and 266 mV) to excite the C–H and C–D vibrations. In some cases, action spectroscopy can be used to understand which vibrational modes contribute to rotation; measurements similar to those in Figure 10 are made at a series of increasing bias voltages, and vibrational and rotational motion events are correlated with bias.¹⁴⁸ Calculations by Joachim and

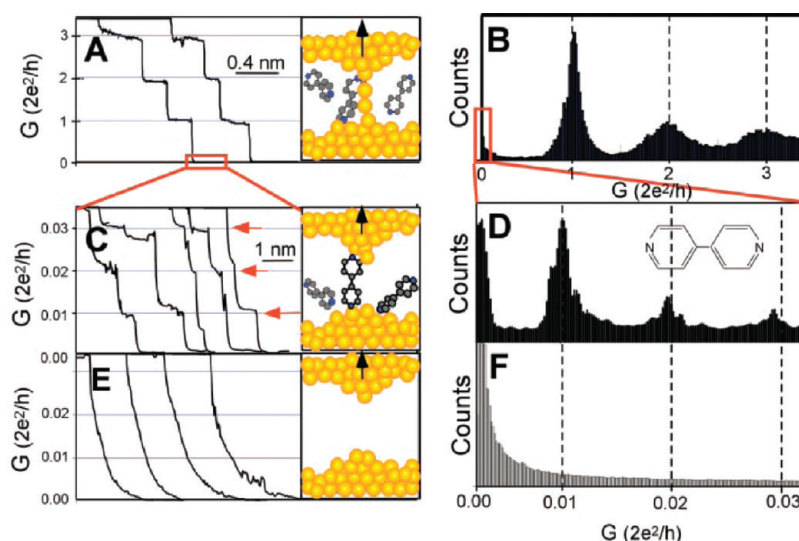


Figure 11. Electronic break junction can be used to quantify the conductance of single molecules. As a gold contact is slowly broken, quantized decreases in conductance are observed, first corresponding to changes in the geometry of the gold contact (a,b), then a set of smaller quantized peaks (c,d) resulting from one, two, or three conductive molecules (here dipyrindine) bridging the junction. At slightly larger distances, the junction ceases to exhibit conductance (e,f). Adapted from ref 164.

co-workers¹⁴⁹ suggest that single rotating molecules could be used to construct a single-molecule amperometer. Recent calculations by van der Zant and co-workers¹³⁷ suggest it may also be possible to actuate a conjugated molecular motor using an external electric field and to measure rotation based on molecular conductance.

Electronic Spectroscopy Measurements. Electron-based methods can be used to perform spectroscopic measurements on single molecules,^{52,150} including measurements of molecular conductance, vibrational energy levels, electronic polarizability, and spin states.

Conductance. One of the most frequently performed measurements quantifies single-molecule conductance (Figure 11).^{19,32,150–153} Although it has been known for some time that certain classes of molecules can conduct electrons,^{154,155} measuring the conductance of a single molecule places stringent restrictions on electrode positioning since it requires that opposite ends of the molecule (with typical molecular lengths of *ca.* 1 nm) bind to two terminals of a macroscopic circuit that can be used to measure current.

Although multiple approaches exist,^{123,150,156–159} the scanning probe geometry is one of the most straightforward experimental means for establishing two-terminal contact with a single molecule with sub-angstrom precision in the spacing between electrodes since the spacing can be varied continuously and dynamically.³² Of the scanning probe geometries, one of the most widely used is the break junction, in which the scanning probe (STM or AFM) tip is first pressed into the surface and then slowly withdrawn.^{160–163} As the tip is retracted, the metal junction narrows (Figure 11a) and then breaks. If the surface is covered with bifunctional (*e.g.*, dithiolated) molecules,

the newly formed break junction is often bridged by one or more bifunctional molecules (Figure 11c), which can then be measured. Since the tip–surface distance can be cycled quickly (on the order of 1 s) and automatically, as demonstrated by Tao and co-workers,¹⁶⁴ facilitating collection of thousands of measurements. When conductances are binned, as shown in Figure 11b, a first set of peaks emerges corresponding to multiples of $G_0 = 2e^2/h$, the conductance value through a chain of single Au atoms.^{165,166} If the break junction is bridged by one or more molecules (Figure 11c), conductance peaks will also be observed at fractions of G_0 , corresponding to the quantized molecular conductance (Figure 11d). Measured conductances range from 0.01 G_0 for the 4,4'-bipyridine shown to less than $10^{-4} G_0$ for unconjugated molecules.^{162,167} Statistical analysis of families of molecules of varying lengths, performed by Venkataraman and co-workers, shows longer conductive plateaus for longer molecules as the junction is broken, suggesting atomic-level shifts in the molecular attachment point prior to breakage.¹⁶⁸

For some conductance measurements, it is necessary to incorporate a third electrode to act as a gate.¹⁵⁰ In such cases, it is possible to create a molecular junction either mechanically,¹⁶⁹ by breaking nanowires on a surface, similar to the STM break junction described above, or more typically by electromigration,¹⁷⁰ in which high current through a nanowire results in formation of a ~ 1 nm gap at the narrowest point in the wire. Since none of the electrodes in this configuration are mobile, it is common to fabricate many devices in parallel to increase the probability of forming devices in which a single molecule bridges the source and drain electrodes. Three-electrode

measurements have been used to characterize Coulomb blockade and Kondo effects in single molecules,^{171,172} which in many cases require the ability to control electronic energy levels on the target molecule using the gate electrode. In the future, larger numbers of atomically precise interconnects may be possible using specially designed instrumentation.¹⁷³

Molecular Vibrations: Inelastic Electron Tunneling Spectroscopy. In addition to tip–sample distance, electron tunneling depends on the electronic structure of the molecule in the tunneling junction,^{174–176} a property that can be exploited to perform single-molecule spectroscopy.¹⁷⁷ Inelastic electron tunneling spectroscopy (IETS) was originated by Jaklevic and Lambe in 1966 using bulk tunneling junctions^{38,39} and quantifies modulations in tunneling current with changes in voltage, resulting in peaks characteristic of transitions between molecular vibrational levels. The technique yields information similar to infrared (IR) and Raman vibrational spectroscopies but has evolved sensitivity adequate for measuring single molecules.^{178,179} Selection rules for single-molecule IETS are not completely understood but appear to involve a propensity for longitudinal modes normal to the surface.^{176,180}

Again, the STM provides a relatively straightforward means of making single-molecule IETS measurements.¹⁴⁷ For instance, Ho and co-workers have measured vibrational levels in CO on Cu(001) and Cu(110),¹⁷⁸ and Persson, Ho, and co-workers have demonstrated the isotopic dependence of vibrational levels in acetylene isotopes C₂H₂, C₂D₂, and C₂HD on Cu.¹⁷⁹ Adsorbate–surface vibrational modes have been measured by Weiss, Rust, and co-workers, studying benzene on Ag(110).¹⁸¹ Importantly, the real-space STM measurement allows vibrational energy differences to be correlated with inhomogeneities in the Ag surface. Inelastic tunneling measurements can also be used to distinguish between multiple species on a surface;¹⁸² recent work by Weiss and co-workers has used STM-based IETS to characterize intermediates in an Ullman coupling reaction, a common catalytic reaction between haloaromatic molecules that occurs on Cu surfaces (Figure 12).¹⁸⁰ In some cases, photon emission spectra due to inelastic tunneling or the excitation of surface plasmons can also be measured, as shown by Gimzewski and co-workers.^{183–185}

Electronic Polarizability: Microwave STM. Single-molecule polarizability can be measured as a form of chemical contrast in STM imaging. Although polarizability is a contributor to standard, nominally topographic, STM imaging,¹⁸⁶ it is also possible to measure relative single-molecule polarizabilities directly by applying small microwave-frequency (GHz) bias modulation (a few percent of the DC bias) through the STM tip.¹⁸⁷ Such modulations change the electric field across the molecule in the tunneling junction, causing its electron cloud to deform in response to the field.

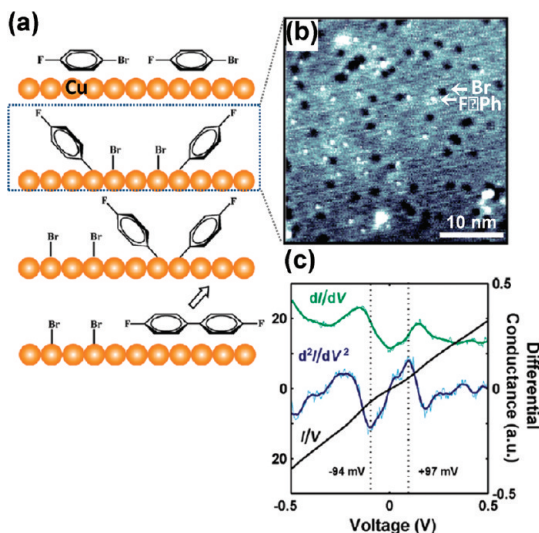


Figure 12. Inelastic electron tunneling spectroscopy (IETS) measures vibrational energy levels in single molecules. Single-molecule tunneling spectroscopy at low temperatures allows identification of Br and fluorophenyl (F–Ph) intermediates in an Ullman coupling reaction on a Cu{111} surface and measurement of the C–H out-of-plane bending mode in the fluorophenyl group. Adapted from ref 180.

These electronic changes can be measured as small (fA) periodic changes in the tunneling current. Since the polarizability is measured at higher frequencies (5 kHz or higher) than the imaging feedback loop, the two measurements can be made simultaneously, effectively deconvolving polarizability contrast from topography. As shown in Figure 13, conductive single-molecule switches show variable polarizability immediately prior to switching between conductance states.

Electronic Spin: Electron Spin Resonance STM. Spin spectroscopies, in the form of nuclear magnetic resonance (NMR) and electron spin resonance (ESR), have been integral to the understanding of molecular structure.

Electron spin resonance STM (ESR–STM) utilizes similar principles to detect electronic spins within a single molecule. Conventional ESR techniques require the measurement of a minimum of $\sim 10^9$ – 10^{10} spins in order to obtain a reliable signal.¹⁸⁸ By contrast, ESR–STM takes advantage of the inherently local nature of STM, as well as its sensitivity to the electronic properties of molecules in the tunneling junction, to probe individual spins on single molecules. This technique was first discussed by Manassen and co-workers for single spins on partially oxidized silicon surfaces.^{189,190} Durkan and Welland later demonstrated the ability to use ESR–STM to detect spin centers on individual α,γ -bis(diphenylene) β -phenylallyl (BDPA) molecules.¹⁹¹ More recently, others have collected ESR–STM spectra on other molecules containing free radicals;^{192–194} such molecules are extensively studied using conventional ESR and thus make ideal candidates for preliminary ESR–STM measurements.

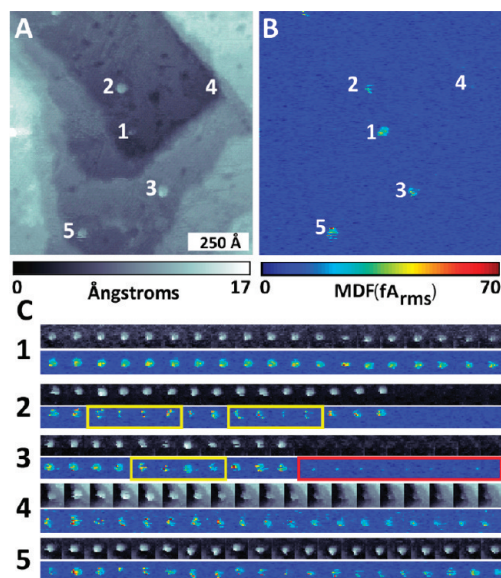


Figure 13. Simultaneously acquired (a) topographic and (b) polarizability STM images of a dodecanethiolate SAM with inserted nitro-functionalized OPE molecular switches. (c) Sequential images (30 s between frames) of individual switch molecules, showing instabilities in microwave polarizability image prior to visible switching in topographic image, and microwave peaks evident after topographic peak disappears. Adapted from ref 187.

In ESR-STM, a static magnetic field (100–300 G) is applied normal to the sample surface, using a permanent magnet placed near the sample.¹⁹¹ The magnetic field causes unpaired spins in the sample to align parallel (and antiparallel) to the axis of the field and to precess around this axis at a constant rate known as the Larmor frequency (for an electron, about 560 MHz at a field strength of 200 G). The precession of the electron spin dipole around the field manifests itself as a small time-varying (AC) current superimposed upon the constant (DC) tunneling current measured by STM, which is measured using a high-sensitivity spectrum analyzer. Signal-to-noise ratios can be improved by using phase-sensitive detection (PSD), which employs an additional, small (~ 10 mG), time-varying magnetic field,^{190,192} to modulate the AC resonance peak. Monitoring the shift in the resonance peak relative to the phase of the time-varying magnetic field improves the measurement sensitivity enabling real-time monitoring of the ESR-STM signal.

Spin-polarized STM (SP-STM), a technique in which a magnetic STM tip is used to polarize the spins of tunneling electrons, can also be used to probe single molecules.¹⁹⁵ Since the tunneling current measured in SP-STM is dependent on the relative spin polarization directions of the sample and tunneling electrons, changes in this current can be used to measure the relaxation times of excited spin states, as demonstrated by Heinrich and co-workers.¹⁹⁶ Weisendanger, Blugel, and co-workers have also recently demonstrated that individual organic molecules containing π -electrons interacting with d_z electron orbitals in

ferromagnetic surfaces may act to reverse the tunneling current spin polarization.^{197,198}

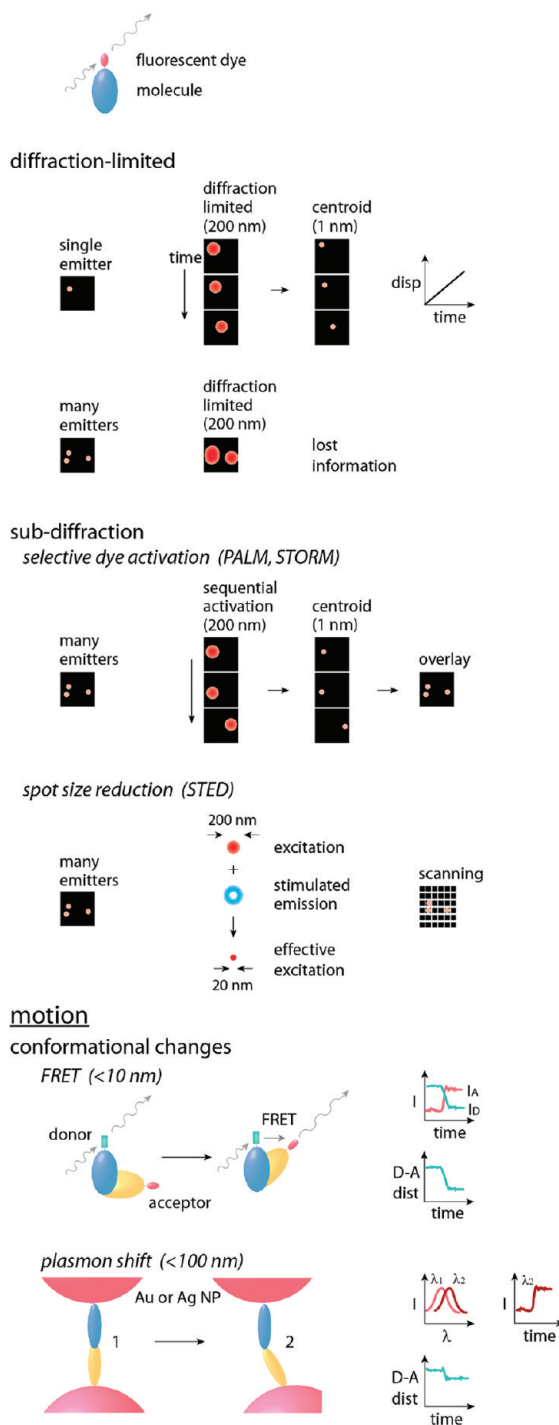
PHOTONIC MEASUREMENTS

Similar to electrons, photons can also be used to probe either the physical location or the chemical environment of a molecule of interest (Figure 14).^{8,9,199} In general, this is done by tagging the molecule with either a small-molecule fluorophore or green fluorescent protein (GFP),⁴³ although other types of labels²⁰⁰ and non-fluorescence-based measurement strategies^{201–203} have begun to emerge. Optical labeling works well in water and in three-dimensional samples and provides relatively large fields of view, on the order of hundreds of micrometers, making this an excellent means of performing cellular studies. While long photon wavelengths lead to native spatial resolution on the order of 200 nm, improvements are possible: subdiffraction microscopies can provide better localization,²⁰⁴ down to tens of nanometers, and FRET-based methods can measure dynamic processes at very short distances, up to about 10 nm.⁹

A fluorescent probe absorbs photons and re-emits them at a longer wavelength; the characteristics of this process are important for quantitative optical measurements. Usually it is desirable for a fluorescent marker to have a relatively broad absorption spectrum and a narrow emission peak, simplifying detection. Although high quantum efficiencies for re-emission of absorbed photons are also desirable, the range of efficiencies in commonly used dyes is large: from 4% for Cy3²⁰⁵ to near 100% for rhodamine.²⁰⁶ Short excited-state lifetimes (on the order of nanoseconds) enable fast measurements, especially important when the target is subject to diffusion; fluorescence lifetime can also be used to discriminate between fluorophores.¹⁹⁹ Fluorophore excited states are susceptible to photobleaching reactions, which permanently turn off fluorescence; the average number of excitations prior to photobleaching can vary from less than 10 to over 1 000 000,²⁰⁷ depending on both fluorophore structure and local chemical environment. In some cases, it is possible to amplify the fluorescence signal by creating multiple fluorophore binding sites at the target.²⁰⁸ Fluorophores can also be chosen to be sensitive to pH, calcium ion concentration, or other properties, to provide a probe of the local chemical environment of the target.⁴³

Other structural properties of probes are also significant. For instance, the length and rigidity of the linker connecting the fluorophore to the target is integral for fluorescence polarization and FRET measurements, in which the placement and orientation of the dye relative to the target impact quantification. Although most fluorophores are small molecules with extended π -conjugated systems, inorganic nanocrystals can also be used as fluorescent probes. Inorganic quantum dots are generally quite large (2–20 nm, including

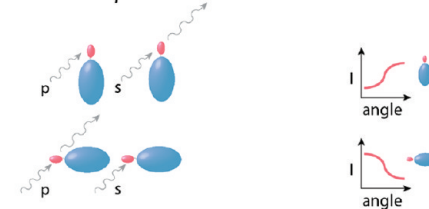
imaging – position and motion



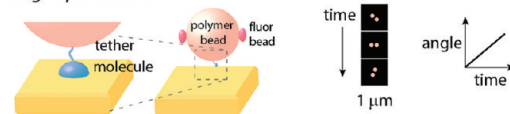
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fluorescence polarization



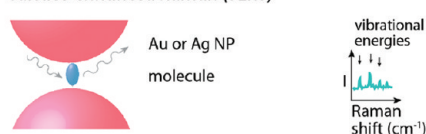
large optical label



spectroscopy

molecular vibrations

surface-enhanced Raman (SERS)



chemical environment (pH, ions, etc)

switchable fluorophores



electron and nuclear spin

nitrogen vacancy defects



Figure 14. Overview of photonic quantification of single-molecule properties. Photonic measurements are typically based on observation of a fluorophore or larger optical probe covalently linked to the target molecule. Longer length scales enable fluorophore locations to be correlated with larger structures such as cells. Short distances (1–100 nm) can also be probed by measuring coupling between two optical labels on a single molecule; such experiments are used for observing conformational changes in proteins and DNA. Orientation changes have been probed using both fluorescence polarization measurements and larger probes. Fluorophores can also be chosen to be sensitive to pH, ion concentrations, or other factors, providing a readout of the local environment around a single molecule.

surface ligands and linkers) relative to small-molecule fluorophores (~1 nm) but also exhibit greater brightness, longer excited-state lifetimes, and increased photostability, all of which can facilitate measurements.²⁰⁰

Photonic Imaging: Position and Structure. *Diffraction-Limited Microscopy and Centroid Tracking.* Although features in diffraction-limited optical microscopy are typically hundreds of nanometers in diameter, it is

often possible to determine the centroid of a feature with 1 nm precision and to track its motion. Such analysis is possible either using a micrometer-scale bead that emits or scatters light or by collecting thousands of photons emitted by a single fluorophore.

Early measurements by Sheetz and co-workers used this principle to make video-rate observations of kinesin motor proteins bound to plastic beads as they moved along microtubules²⁰⁹ and to monitor the motion of membrane-bound glycoproteins attached to 40 nm gold particles.²¹⁰ Others have also taken advantage of large nanoparticles and other labels to observe single-molecule motion, since such labels permit faster imaging.²¹¹ However, care must be taken to ensure that the dynamics of the large probe (for scale, a 40 nm gold particle is approximately 500 times the volume of a 5 nm globular protein) do not interfere with those being observed in the target.

Later measurements by Selvin and co-workers used the point spread function (PSF) of photons emitted from a single organic fluorophore to perform fluorescence imaging with 1 nm accuracy (FIONA).²¹² Such measurements require bright and stable emitters to allow collection of sufficient photons per molecule; oxygen-scavenging enzymes and reducing agents were used, increasing the number of detected photons per molecule by an order of magnitude, from 10^5 to 10^6 . A typical measurement comprises on the order of 100 frames of 0.5 s, each collecting 10^4 photons. This concept has enabled numerous studies of molecular motors including myosin and kinesin, where step sizes of 1–100 nm must be resolved.

The use of GFP and spectrally distinct analogues such as yellow fluorescent protein (YFP) facilitates measurements in cells. Three-dimensional protein motion in the cellular environment complicates measurements; however, many proteins bind to larger cellular structures, restricting their motion. Figure 15 shows measurements of bacterial actin MreB proteins labeled with YFP performed by Moerner and co-workers.²¹³ Xie and co-workers have also tracked the activity of membrane-bound YFP fusion proteins.²³

Although most measurements to date are based on a 2D Gaussian PSF that localizes emitters in the X – Y plane, it is also possible to incorporate nonstandard optics to create other types of PSF that yield additional spatial information. Moerner and co-workers have recently demonstrated single-fluorophore measurements using a double-helical PSF that provides a readout of the Z position of the emitter.²²

Subdiffraction Microscopy: STED, SI, NSOM, FCS, PALM, STORM. Although centroid tracking and PSF analysis reduce the uncertainty in the location of a single emitter by compiling the locations of enough emitted photons, problems arise when target concentrations are high enough that the excitation volume includes multiple emitters. Two routes to circumvent

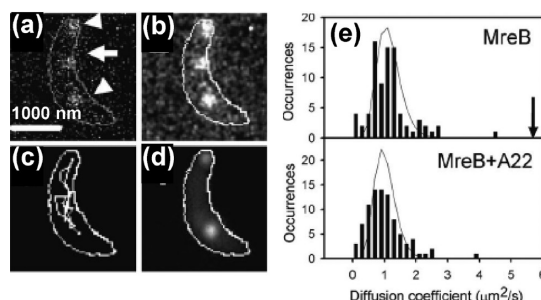


Figure 15. Diffraction-limited single-molecule imaging. Directed motion of motility protein MreB labeled with YFP is tracked in live cells. (a) Three YFP-labeled MreB proteins (arrows) in a bacterial cell (white outline). (b) Smoothed image. (c) Time-lapse trajectory of center fluorophore from (a). (d) Top and bottom fluorophores from (a) are stationary over the period of measurement and appear as bright spots in a time-averaged image. (e) Distribution of diffusion coefficients for MreB proteins shows the impact of adding A22, a small-molecule inhibitor of MreB function. Adapted from ref 213.

this problem are to decrease the excitation volume or to decrease the number of emitters.

Limiting the excitation volume reduces the size of the PSF. Stimulated emission depletion (STED) microscopy, developed by Hell and Wichtman in 1994,²¹⁴ decreases the observed sample volume by first exciting a diffraction-limited spot, then using a second phase-modulated beam to deplete the excited states in a ring around the edge of the excited spot (Figure 16a). Molecules in the center of the spot (diameter ca. 20 nm) remain excited and can be observed. STED imaging requires scanning of either beam or sample, with dwell times of 3–8 ms per 10 nm pixel.²¹⁵ Figure 16a shows a comparison of diffraction-limited confocal imaging and STED imaging of single Synaptotagmin I molecules on the surface of endosomes.²¹⁵

Another route to limiting the excitation volume is the structured illumination (SI) scheme developed by Gustafsson,²¹⁶ in which interference between two laser beams creates nonlinear illumination patterns on the sample with line widths below the diffraction limit. In contrast to STED, SI provides excitation across the entire sample, rather than in a single spot.

Finally, near-field illumination can be used, as in near-field scanning optical microscopy (NSOM or SNOM),²¹⁷ creating spot sizes of 10–100 nm using either a nanoscale aperture or evanescent waves scattered by a scanning probe.²¹⁸ The scanning probe illumination is both a limitation and an advantage since it limits photon throughput and confines analysis to surfaces but also enables simultaneous topographic measurements.²¹⁹

If the excitation spot is held in place rather than rastered, the diffusion of single molecules across the excitation volume can be measured using fluorescence correlation spectroscopy (FCS). This principle has recently been used to quantify the diffusion of single

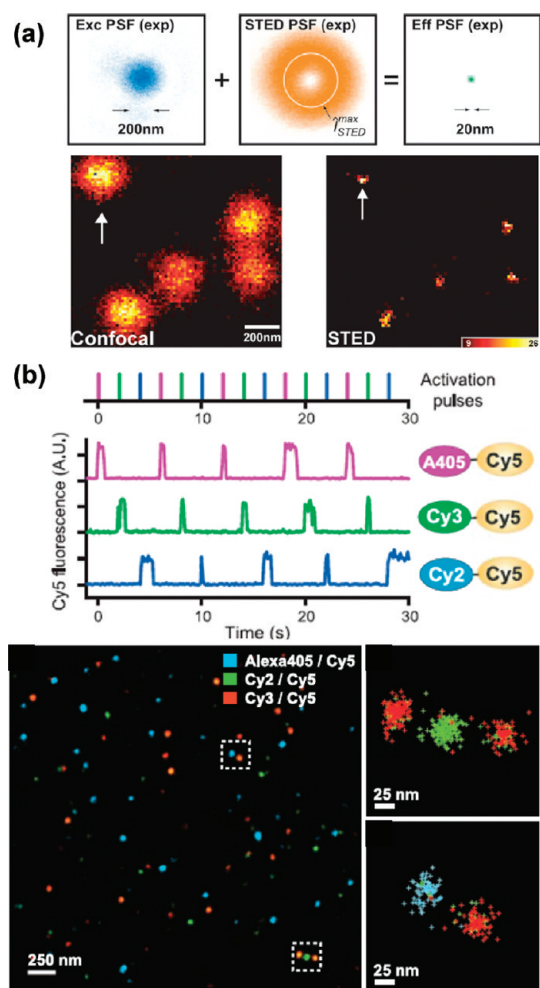


Figure 16. Examples of subdiffraction-limited single-molecule optical imaging. (a) Stimulated emission depletion (STED) imaging first excites fluorophores in a diffraction-limited spot (blue), then depletes the excited states in a ring (orange) around the edge of the spot, yielding an effective point spread function (PSF) on the order of 20 nm. The difference between the 200 nm diffraction-limited spot size and 20 nm effective PSF is shown for Synaptotagmin I molecules on endosomes. (b) Stochastic optical reconstruction microscopy (STORM) photoactivates small numbers of probes at a time, allowing each probe to be localized to a spot on the order of 20 nm. Adapted from refs 215 and 225.

phospholipids in a lipid bilayer. In particular, differences are observed in the single-molecule diffusion of different classes of lipids, suggesting that certain classes may be transiently trapped in small (~ 20 nm) cholesterol-mediated complexes, or lipid rafts, for periods on the order of 10 ms.^{220,221}

Another class of subdiffraction microscopy techniques relies on selective photoactivation of fluorescent labels (Figure 16b). These methods include photoactivated localization microscopy (PALM), developed by Betzig, Hess, and their co-workers,^{222,223} and stochastic optical reconstruction microscopy (STORM), developed by Zhuang and co-workers.²²⁴

Iterative photoactivation allows multiple closely spaced emitters to be resolved. In both PALM and

STORM, irradiation at one wavelength causes random activation of a small number of fluorescent labels, distributed broadly enough that their emission spots are unlikely to overlap. Activated fluorophores are then irradiated at a second wavelength, and enough emitted photons are collected to localize each fluorophore to a subdiffraction spot, typically 20 nm or smaller. Further irradiation causes photobleaching of active fluorophores, and finally, irradiation at the first wavelength activates another set of fluorophores. The ability to photoactivate the fluorophore is key: two classes of emitters used to date are photoactivatable GFP or other proteins^{222,223} and dye pairs such as Cy3/Cy5.²²⁵ The ability to resolve two closely spaced emitters can be calibrated by functionalizing a DNA double helix with multiple emitters at known spacings, based on the 0.34 nm/base DNA helix structure, as demonstrated by Zhuang and co-workers.²²⁴ The technique is sufficiently nondestructive to study nanoscopic structures in live cells, for instance, cellular adhesion complexes imaged by Betzig and co-workers²²⁶ and clathrin-coated pits imaged by Zhuang and co-workers.²²⁷

Due to the iterative nature of the activation and bleaching process, building up an image that reflects the locations of many emitters with high precision can take several minutes. However, it is also possible to study dynamic processes by activating a small set of emitters, tracking their motion, and then activating new emitters. This approach has recently been used by Lippincott-Schwartz and co-workers to map trajectories and calculate diffusion coefficients of proteins in a lipid bilayer for up to 50 molecules per μm^2 .²²⁸

Photonic Measurement of Motion. Conformational Changes: FRET. While subdiffraction microscopy methods allow localization of fluorescent emitters to spots with diameters on the order of tens of nanometers, much smaller length scales can be probed by measuring the coupling between two closely spaced emitters or scatterers. Again, complementary approaches exist, one based on coupling between (usually small-molecule) fluorophores^{9,24} the other on plasmon coupling between noble metal nanoparticles with diameters greater than 20 nm.^{229,230} For comparison, electron tunneling operates up to a few nanometers,²³¹ fluorophore coupling (Förster resonant energy transfer, FRET) operates from 1–10 nm,¹¹ and plasmon coupling up to a few tens of nanometers.²³²

Measurements of FRET efficiency have long been used at the ensemble level to monitor conformational changes of molecules in solution.²³³ The target molecule is functionalized with both donor and acceptor fluorophores, such that the emission peak of the donor and the excitation peak of the acceptor overlap. The sample is irradiated at the absorption wavelength of the donor, and the emission wavelengths of both

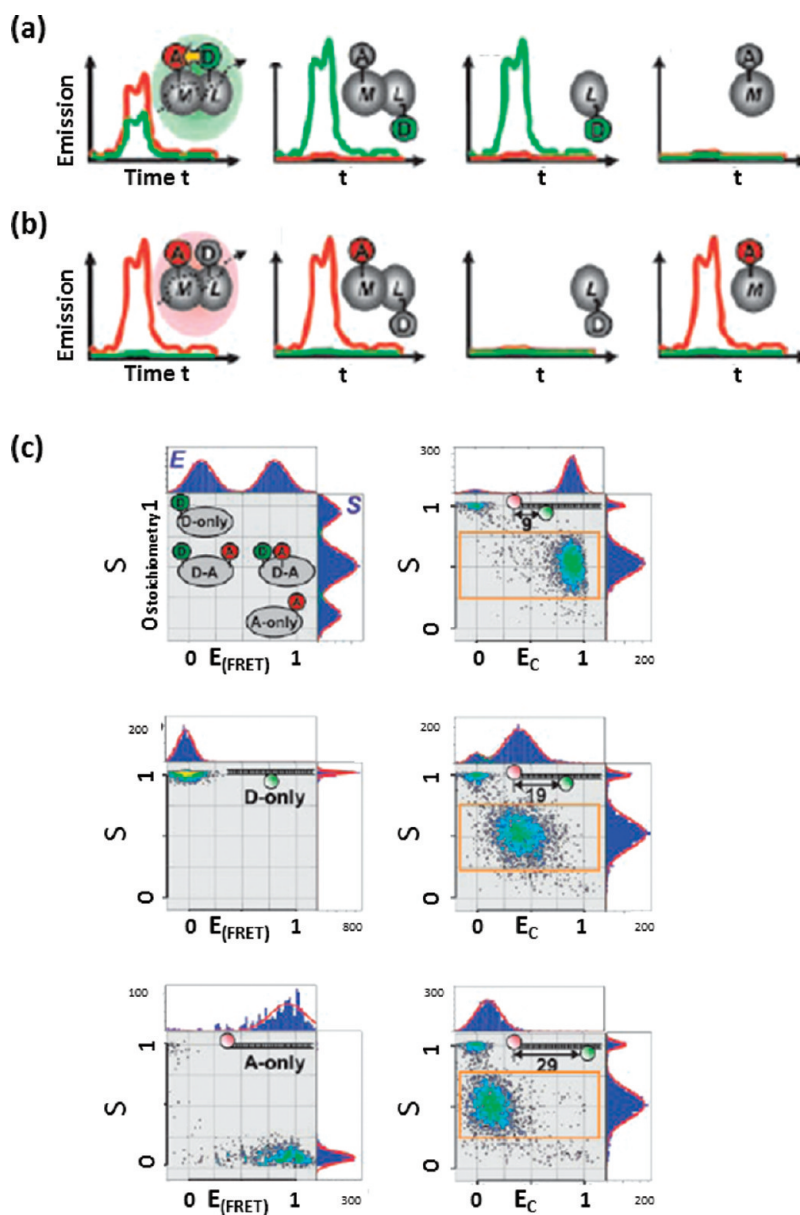


Figure 17. FRET between two fluorophores on a single molecule can act as a ruler for the distance between the fluorophores. (a) Emission intensities vs time for target molecules irradiated at the donor wavelength: in-range donor–acceptor, out-of-range donor–acceptor, donor-only, and acceptor-only. (b) Emission intensities for same molecules irradiated at acceptor wavelength. (c) Switching between irradiation at donor and acceptor wavelengths at short time scales allows binning of four populations of molecules in a two-dimensional histogram based on FRET efficiency (E) and donor–acceptor stoichiometry (S), where $S(\text{D-only}) = 1$, $S(\text{A-only}) = 0$, $S(\text{D-A}) = 0.5$. The three histograms at the right show the shift in the D–A peak of double-labeled DNA molecules, as the distance between the fluorophores is increased. Adapted from ref 234.

donor and acceptor are monitored to quantify the efficiency of energy transfer to the acceptor and hence the donor–acceptor distance. Quantitative measurements of distance based on FRET are complicated by a variety of experimental factors, including different excitation and detection efficiencies for the donor and acceptor dyes and differences in transfer efficiency based on fluorophore orientation and chemical environment. However, FRET provides a useful and straightforward measurement for cases in which the main objective is to distinguish between two molecular states with different donor–acceptor distances.

The same principles can provide even more information when applied at the single-molecule level since it is also possible to observe the dynamics of switching between two molecular states.^{10,24,37} For example, Weiss and co-workers have used single-molecule FRET to observe dynamics of single proteins on millisecond time scales, using an alternating laser excitation (ALEX) instrumental scheme that allows singly labeled (donor-only and acceptor-only) molecules to be distinguished from the two double-labeled states (Figure 17). Protein targets observed include chymotrypsin inhibitor II (CI2),²³⁵ cold shock protein (CSP),²³⁶ RNase H,²³⁷ and LacY.²³⁸

Conformational Changes: Plasmon Shift. While FRET can provide a ruler for distance changes up to about 10 nm, other biological processes of interest occur with dynamics on length scales greater than 10 nm but smaller than can routinely be measured by super-resolution microscopy. Plasmon coupling between noble metal nanoparticles can act as a ruler for conformational changes in such cases, up to approximately the diameter of the nanoparticle (>20 nm). Plasmon resonance is a collective oscillation of conduction band electrons that occurs with peak wavelengths that depend on the size, shape, and material composition of the nanoparticle. The moving electrons create an oscillating dipole that can couple with dipoles in other nearby nanoparticles. Figure 18a shows spectral shifts to longer wavelengths characteristic of coupling between pairs of Au and Ag nanoparticles 40 nm in diameter;²²⁹ much larger shifts are observed for Ag, but experimentally, Au is often used because it is easier to functionalize and to work with in solution. Plasmon coupling has been used to measure the bending and cleavage of a single DNA molecule by EcoRV on a millisecond time scale (Figure 18b,c),²³⁰ as well as single-peptide cleavage events in living cells.²³⁹

Rotation: Fluorescence Polarization and Other Methods. Two primary optical strategies have been used to quantify rotation at the single-molecule level. In one, a single fluorophore is attached rigidly to the molecule of interest, and changes in fluorescence polarization are measured to track rotation of the target. In the other, a large (>100 nm), fluorescently labeled object is attached, and the rotation of the larger object is observed using traditional optical microscopy. Such measurements have primarily been used to study the motion of molecular rotors such as F1-ATPase, DNA enzymes, and motor proteins such as myosin and kinesin.

Fluorescence polarization measurements can be used to quantify the rotational orientation of a single molecule for rotations that occur on the millisecond time scale.^{44,240–242} In such measurements, the polarization of the illuminating beam is controlled, and the corresponding intensity of emission is monitored. Since the probability of photon absorption is greatest when its excitation dipole moment is aligned with the electric field vector of the illuminating beam, this can be used as a readout of the orientation of the fluorophore. To ensure that the orientation of the dye does not fluctuate independently of the target, bifunctional dyes that attach to the target at two points may be used.

Single-molecule fluorescence polarization has been used to measure rocking motions in both kinesin²⁴³ and myosin²⁴⁴ molecular motors. Goldstein, Moerner, and co-workers examined the rocking mechanism of kinesin bound to microtubules in the presence of ADP and AMP (Figure 19).²⁴³ Figure 19b shows fluorescence polarization measurements of microtubules bound to

large numbers of fluorescently labeled kinesin molecules. In the presence of AMP, kinesin is held rigidly against the microtubule, resulting in differences in the observed fluorescence when the sample is illuminated with light polarized in the two directions shown. In the presence of ADP, kinesin rocks, resulting in similar fluorescence under both polarizations. At the single-molecule level (Figure 19c), this effect is evident as large differences in the fluorescence of a single AMP-bound kinesin molecule when the polarization angle is varied from 0 to 135°. Combining large numbers of such measurements enables relative immobilities to be calculated for AMP- and ADP-bound kinesin.

Another strategy for measuring molecular rotation using fluorescence involves tagging with an anisotropic optical probe large enough to be observed using traditional optical microscopy. Kinosita and co-workers observed the rotation of F1-ATPase, a key protein in cellular energy storage and release, by attaching a fluorescent actin filament to the γ subunit of the motor.²⁴⁵ Rotation was found to occur in a series of 120° steps, and the hydrodynamic drag on actin filaments of varying lengths (from 1 to 4 μ m) was correlated with the protein rotation rate to calculate the work done by the motor during rotation; the calculated value of 80 pN·nm is close to the free energy of hydrolysis of ATP.¹³⁵ Similar stepping behavior was also observed in the absence of the frictional load using a single-fluorophore assay.²⁴⁶ Large anisotropic optical probes have also been used by Block and co-workers to track rotations in the stepping of kinesin, as shown in Figure 20.²⁴⁷ In the kinesin assay, a 1.3 μ m polystyrene bead functionalized with two smaller fluorescent beads was attached to an individual kinesin motor through an antibody linker (Figure 20a). When kinesin molecules modified in this way were allowed to bind surface-bound microtubules, different rotational behavior was observed in a kinesin variant in which only one head was bound to the microtubule in comparison with a variant in which both heads could bind (Figure 20b,c).

Photonic Spectroscopic Measurements. Molecular Vibrations: SM-SERS. Raman spectroscopy measures vibrational and other low-energy transitions in molecules.²⁴⁸ The sample is illuminated at a known wavelength, and the wavelengths of inelastically scattered photons are measured; the Raman shift in photon energy correlates with molecular transition energies. Since Raman scattering is weak relative to elastic Rayleigh scattering, high-sensitivity measurements rely on experimental conditions under which scattering is enhanced. Surface-enhanced Raman spectroscopy (SERS) is performed when the molecule is on a rough noble metal surface or nanoparticle,^{249,250} while tip-enhanced Raman spectroscopy (TERS)²⁵¹ uses a noble metal scanning probe tip to increase field-based scattering at the target molecule.

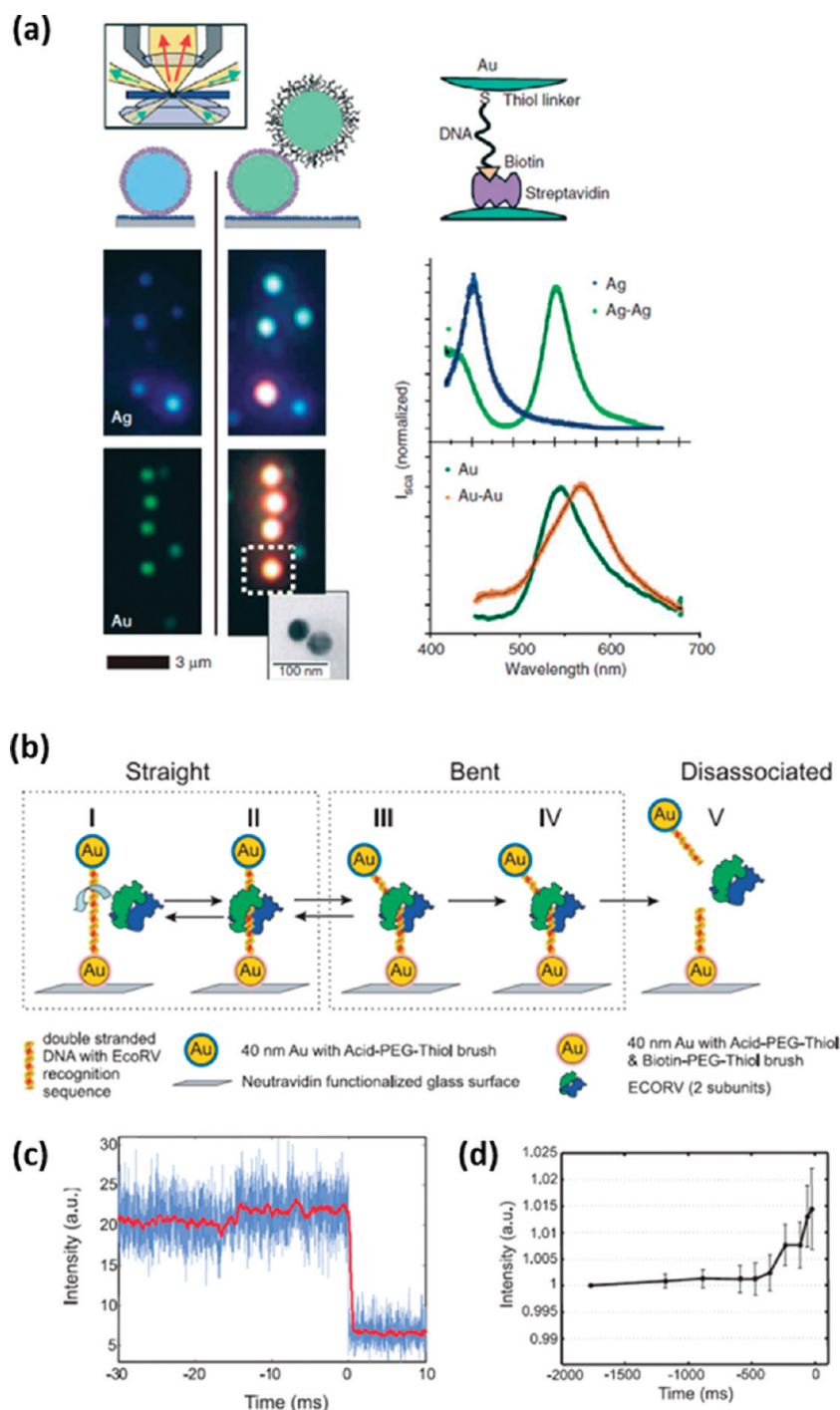


Figure 18. (a) Plasmon coupling between individual pairs of Au and Ag nanoparticles causes a spectral shift visible by dark-field microscopy. (b) Plasmon coupling can be used as a ruler for distance changes above 10 nm; here, it is used to measure the bending and cleavage of single DNA molecules by the enzyme EcoRV. (c) Intensity trace vs time shows the initial straight configuration, the high-intensity bent state, and the low-intensity cleaved state. (d) Bending kinetics are measured by pooling data from many events. Adapted from refs 229 and 230.

The mechanism for Raman scattering enhancement has been widely discussed and is believed to arise from both electric field enhancements of up to 10^{11} due to local plasmon resonance in the metal and chemical enhancements due to electrostatic interactions between the molecule and the surface.²⁵² Field enhancements sufficient for single-molecule

detection on nanocrystals are generally agreed to occur at “hot spots” on the order of 1 nm between two or more nanoparticles,^{253,254} placing restrictions on sample preparation. Detection is further complicated by the fact that the magnitude and the frequency of the spectral peaks can vary substantially for a single molecule.

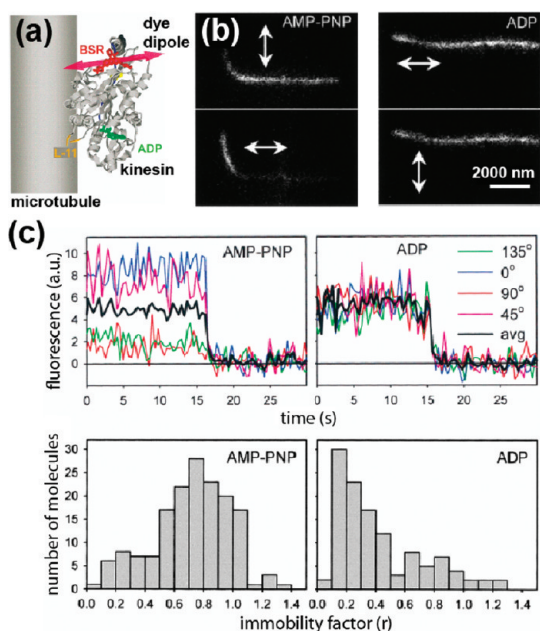


Figure 19. Fluorescence polarization measurements of kinesin rocking motion when bound to a microtubule. (b) Microtubules decorated with many fluorescently labeled kinesin fragments exhibit fluorescence anisotropy when kinesin is bound to AMP, but not when bound to ADP. (c) Single-molecule measurements show fluorescence anisotropy of AMP-bound kinesin taken at four different polarization angles. These measurements can be translated into immobility factors, showing that AMP-bound kinesin molecules are held rigid, while ADP-bound kinesin has high rotational mobility. Adapted from ref 243.

Enhanced Raman scattering is remarkable for its ability to provide chemical information with single-molecule sensitivity at room temperature. Single-molecule SERS measurements were first reported by Nie²⁵⁵ and Kneipp²⁵⁶ in 1997 for the dye molecules rhodamine 6G (R6G) and crystal violet on Ag nanocrystals. Later, van Duyne and co-workers were able to distinguish spectral differences between individual molecules of R6G and a deuterated analogue R6G- d_4 .²⁵⁷ A variety of other small molecules have also been explored by SM-SERS.²⁵² Single-molecule TERS typically produces smaller scattering enhancement factors (10^6 – 10^7), but has the advantage of allowing specific molecules to be targeted.²⁵¹ This is particularly advantageous for larger molecules such as proteins since it allows specific parts of the molecule to be analyzed, although in most cases, interpreting spectra remains a challenge. Initial targets have included single RNA molecules²⁵⁸ and cytochrome *c* proteins.²⁵⁹

Chemical Environment: Responsive Fluorophores. The fluorescence of small-molecule, protein, and nanoparticle fluorophores can be modulated by the local chemical environment, including pH, halide and other ion concentrations, redox potential, and voltage.^{43,200,260} These properties can be leveraged for single-molecule environmental sensing. For instance, cameleon constructs have been designed based on

two GFP protein variants linked by a Ca^{2+} binding peptide. When Ca^{2+} binds to the linker, the two fluorescent proteins are drawn closer together, and the FRET efficiency between them increases; measuring the ratio of donor and acceptor emission provides a metric for Ca^{2+} binding.²⁶¹ Conformational changes at shorter (0.1 nm) length scales have also been monitored in single molecules using electron-transfer-based quenching of fluorophores.^{262,263}

Electronic and Nuclear Spin: Nitrogen Vacancies in Diamond. Certain types of single spins can be detected optically, a property that may ultimately be used to understand single-molecule structures. Early optical single-spin detection was performed at cryogenic temperatures using single pentacene molecules embedded in *p*-terphenyl host crystals.^{264,265} More recently, nitrogen vacancy (NV) defects in diamond have enabled optical single-spin detection at room temperature,²⁶⁶ which is being investigated for both quantum computing and as a detection method for single-molecule structure determination.

Nitrogen vacancy defects in diamond have photon scattering cross sections that differ by approximately 30% based on their spin state.²⁶⁶ A confocal microscope can be used to locate a single defect in either bulk diamond or a diamond nanocrystal and track its photon scattering over time, providing a readout of the spin state. Such systems are good quantum computing candidates since it is possible to pump spins to a known state optically and because the spins can be manipulated quickly (~ 10 ns) and have relatively long coherence times (up to 0.3 ms), making it possible to perform relatively large numbers of operations ($\sim 10^4$).²⁶⁷

As with NMR, the NV spin can couple with local magnetic fields from surrounding ^{13}C nuclei,²⁶⁸ which split its degenerate spin states $m_s = \pm 1$, decreasing spin coherence times. However, such coupling can also be used to advantage since nuclear spins have longer coherence times. For instance, coupling with nuclear spins has been used both to allow multiple reads of the electron spin state²⁶⁹ and to read out nuclear spins.²⁷⁰

More broadly, the ability of the nitrogen electron spin to make sensitive measurements of local magnetic fields opens the possibility of performing single-molecule structure measurements similar to NMR.^{34,271} Fields as small as 3 nT can be detected in this way by using long averaging times (100 s) and spin echo pulsing tailored to decouple the NV spin from nearby ^{13}C nuclei;³⁴ this is roughly equivalent to the field produced by a nuclear spin at a distance of 10 nm. Magnetic scanning probes can also be incorporated to localize the single spin in space with nanometer-scale resolution.²⁷¹

FORCE-BASED MEASUREMENTS

Many single molecules generate or respond to force in a way that illuminates important physical properties

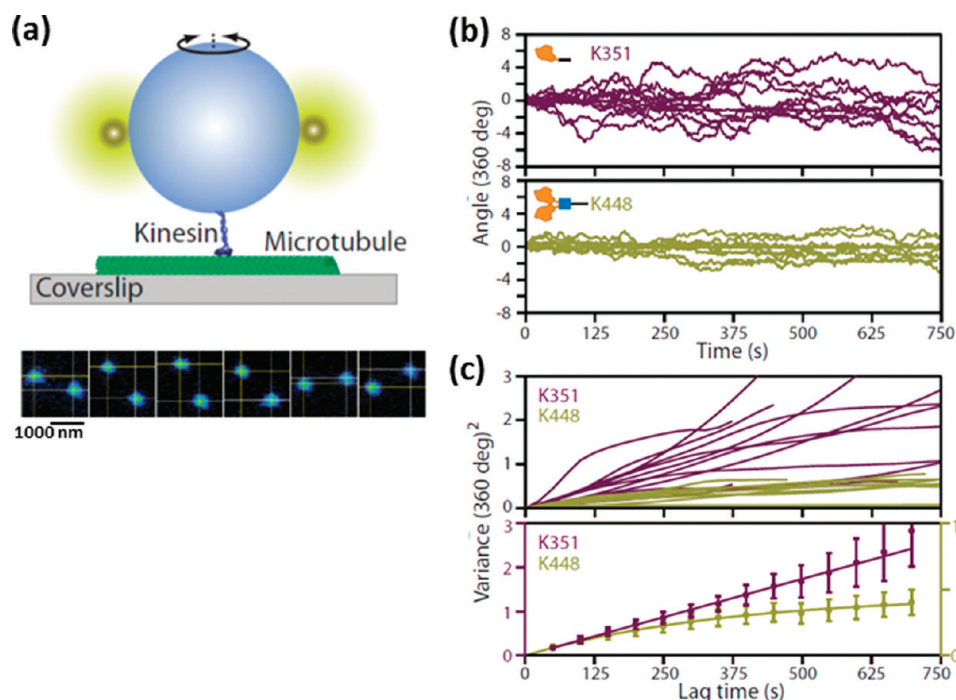


Figure 20. (a) Large optical probe measures rotation of kinesin proteins bound to microtubules. A $1.3\ \mu\text{m}$ polystyrene bead bound to two smaller fluorescent beads is attached to the kinesin protein *via* a linker. Optical microscopy can distinguish changes in orientation of the two fluorescent beads. (b) Tracking angular rotation over time shows differences between two kinesin variants. (c) Variance in each single-molecule trace can be compiled to assess population behavior; the K351 variant exhibits a linear increase in variance, while the K448 variance can be fit asymptotically. Adapted from ref 247.

(Figure 21). At the most basic level, attractive or repulsive interactions between a molecule on a surface and an AFM tip can be used to measure molecular shape.²⁷² More complex examples include measuring the stiffness of a DNA double helix, the amount of force required to induce protein unfolding,²⁷³ or the force generated by each step of kinesin, F1-ATPase, or other molecular motors.⁴⁵

Force-Based Imaging: Position and Structure. *Topography: Amplitude- and Frequency-Shift Atomic Force Microscopy.* Atomic force microscopy, another variant of scanning probe microscopy, is often used to measure the topography of surfaces. In standard AFM measurements, a cantilever ending in a pointed tip with a radius of curvature on the order of 10 nm is rastered across a surface. In contact mode, the cantilever touches the surface, while in noncontact mode, the tip is vibrated near the surface, and changes in the resonance amplitude are used to detect the proximity of the surface. The relatively blunt tip restricts the applications of standard-usage AFMs in single-molecule imaging; although vertical resolutions on the order of 0.1 nm are common, lateral resolutions are generally on the order of a few nanometers.

However, much higher resolution can be achieved by performing measurements in noncontact mode and quantifying frequency shifts in the resonance damping signal of the oscillating cantilever due to repulsive or attractive forces between the tip and the

surface. This property has been exploited in a number of contexts.

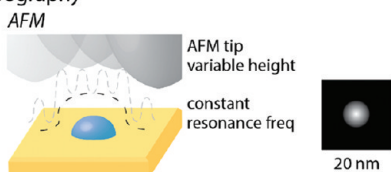
For instance, Sugimoto and Custance were able to identify individual surface atoms of Sn, Pb, and Si in a thin layer of alloy with a complex structure.²⁷⁴ Spectroscopic information can also be derived: Wiesendanger and co-workers have measured molecular vibrations in single metallofullerenes inside carbon nanotubes,²⁷⁵ similar to the IETS measurements discussed in the section on electron-based measurements.

Combining frequency shift detection with tip modification techniques enables even higher resolution. Using a tip modified with a CO molecule, Gross and co-workers have resolved the placement of each atom in a single planar aromatic pentacene molecule on a surface (Figure 22) in ultrahigh vacuum at 5 K.²⁸

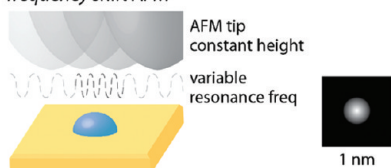
Chemical Functionality: Topographic and Recognition Atomic Force Microscopy. Other tip modification and nonstandard data acquisition strategies have been used at room temperature in solution to map biomolecular recognition at the single-molecule level. Tip modification has been used to measure recognition events including DNA hybridization, antibody–antigen, ligand–receptor, and lectin–carbohydrate interactions.^{276,277} Dynamic recognition imaging creates simultaneous topography and recognition images based on the minima and maxima of an oscillating low-Q (~ 1) cantilever functionalized with ligands (Figure 23).²⁷⁸ Interactions between ligands on the

imaging

topography



high-resolution topography

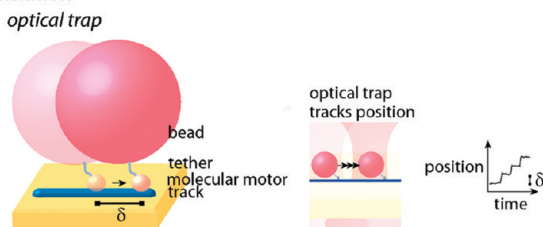


surface functionality

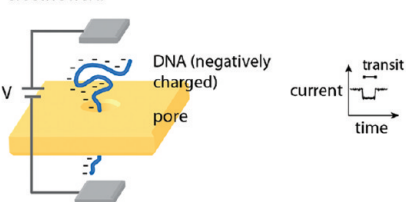


motion

translation

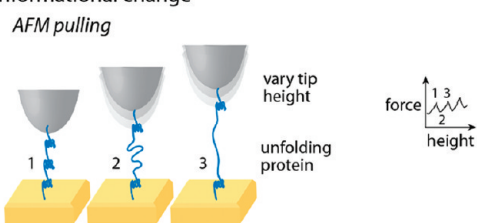


electric field

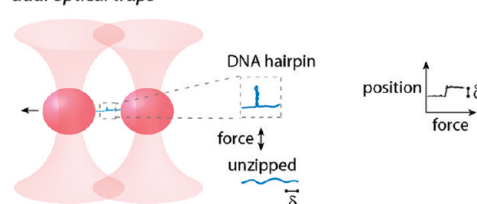


motion

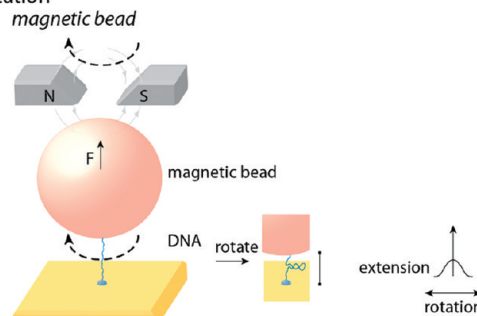
conformational change



dual optical traps



rotation



spectroscopy

electronic and nuclear spin

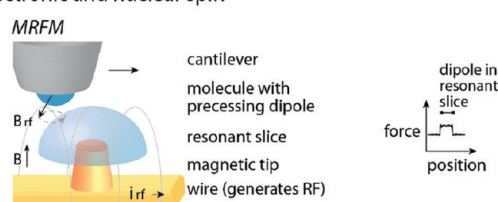


Figure 21. Force-based measurements of single molecules. In atomic force microscopy (AFM), a scanning probe can be used to image surface topography, motion of single molecules, and surface functionality. In another class of measurements, the force probe is instead bound to the target molecule; in such measurements, both molecular motion and the associated forces can be quantified.

cantilever and receptors on the surface restrict the maximum deflection, creating an apparent depression at the recognition site.

Force-Based Measurements of Motion. *Translation: Optical Trapping and Clamping.* Force-based probes may be used to measure translational motion, either quantifying the forces required for motion or improving the precision of distance measurements by increasing molecular stiffness. Such experiments span the range of subnanometer manipulation of single atoms on surfaces under vacuum at cryogenic temperatures to

measurements of multimicrometer biomolecules in solution at room temperature.

Optical tweezers^{26,279,280} can be used to measure and to control the position of a molecule tethered to the trapped particle, applying forces up to 100 pN and achieving spatial resolution better than 1 nm. In this technique, a laser is focused through a high numerical aperture (NA) objective lens, creating a strong gradient in the intensity of the light around the focal point. Dielectric particles in the focused beam experience a force directed toward the focal point, acting to trap the

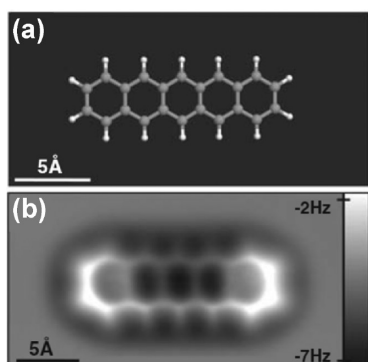


Figure 22. (a) Ball-and-stick model of pentacene molecule. (b) Frequency-shift AFM measurement of pentacene on Cu{111} with a single CO molecule adsorbed to the tip. Adapted from ref 28.

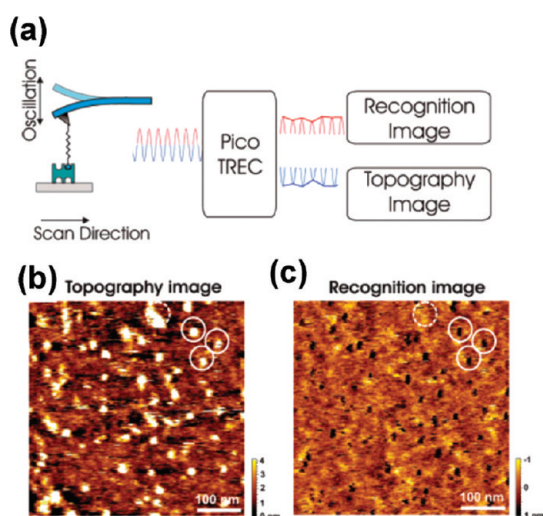


Figure 23. (a) Schematic for simultaneous topographic and recognition imaging using TREC-AFM. (b) Topographic image of avidin electrostatically adsorbed to mica and imaged with a biotin-functionalized tip. (c) Simultaneously acquired recognition image, with areas of low intensity corresponding to locations of avidin molecules (examples circled). Adapted from ref 278.

particle near this region. The force is proportional to their distance from the focus and the magnitude of the optical gradient, which depends upon both NA and laser power. For particles much smaller than the wavelength of the trapping light, the restoring force arises due to the polarization of the dielectric material by the optical beam's electric field. The dielectric particles are drawn to areas of high field strength, which are found along the central axis of the laser beam and the focal point. Particles larger than the wavelength of the trapping light refract the light and experience a "recoil" force associated with redirecting the momentum of the photons, which pushes them toward the focus. To avoid photodamage to biological samples at high irradiation intensities, a laser in the near-IR (800–1000 nm) is usually chosen. The position of the bead can be measured with resolution better than 1 nm, at

10–100 kHz bandwidths, by monitoring diffraction between photons scattered by the bead and unscattered photons. This technique has been applied to a wide variety of problems, ranging from trapping micrometer-scale beads to studying nanometer-scale motion of biomolecules, to trapping individual atoms at cryogenic temperatures.

For instance, an optical force clamp system developed by Block and co-workers²⁸¹ has been used to study the motion of kinesin motor proteins as they walk along microtubules (Figure 24). A large (500 nm) light-scattering bead is first attached to the target kinesin protein, which is then allowed to bind to a microtubule; finally, the bead is engaged in an optical trap. Since the force on the bead (and therefore the target) is proportional to its displacement from the center of the trap, a constant load can be maintained by using a feedback loop to maintain a constant bead displacement within the trap. This method can provide subnanometer positional accuracy with the feedback loop operating at rates on the order of 10 kHz and can be combined with single-molecule fluorescence with appropriate laser and other instrumental choices.^{282,283} The ability to acquire large numbers of high-precision step-length measurements under load results in sufficient resolution to distinguish between two hypothesized mechanisms of kinesin stepping that would result in either all 8 nm or alternating 7 and 9 nm steps; hundreds of pooled step measurements show a single peak at 8 nm (Figure 24c). Similar strategies have been used to examine other systems with small load-associated translational motions, such as the unzipping of a DNA double helix,²⁸³ and dual-trap systems (see below) have been used to quantify translational motion as small as a single RNA base pair (0.34 nm).²⁸⁴

Optical trapping may also be used to confine objects as small as atoms and to create trap arrays. For instance, Weiss and co-workers have demonstrated the ability to trap hundreds of individual cesium atoms in a 3D optical lattice.²⁸⁶ Using three pairs of overlapping laser beams, crossing at a shallow angle, a 3D array of interference maxima and minima was constructed, forming a simple cubic lattice with each site separated by several micrometers. Individual atoms may be trapped in such an arrangement by turning on the optical lattice around a cold, magneto-optically trapped gas. The atoms are drawn toward areas of low potential and are thus located near interference minima. The large separation distances between adjacent lattice sites enable optical addressing of individual atoms using a shallow depth of focus lens such that only a single plane of atoms is in focus at a time. Trapped atoms could act as bits in a quantum computer; more broadly, the 3D optical lattice could be used to introduce parallelism into trapping experiments with larger particles.

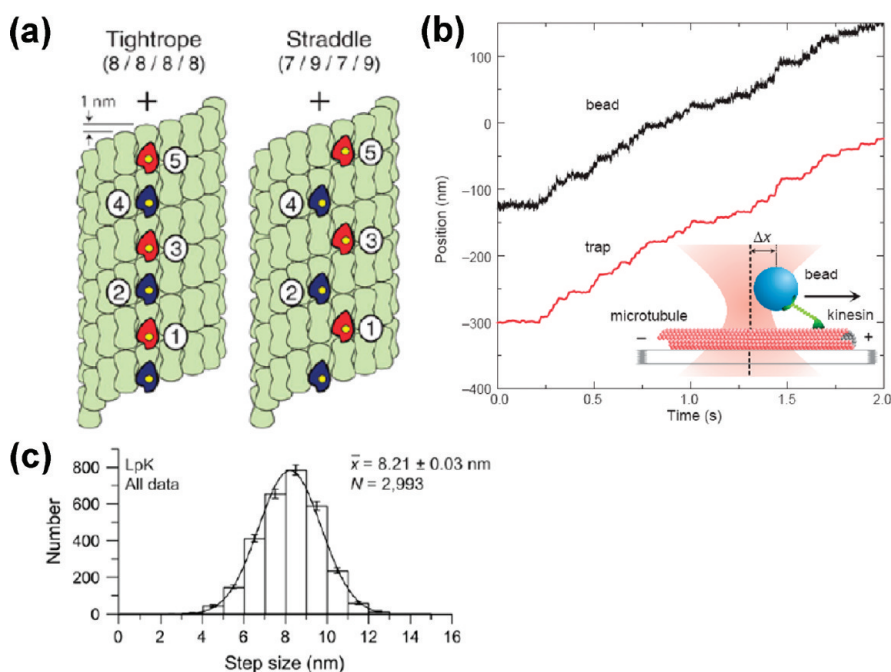


Figure 24. (a) Kinesin motor proteins have two heads that bind to a microtubule repeatedly as the kinesin walks down the microtubule. Different walking mechanisms are possible, resulting in either all 8 nm steps or alternating 7 and 9 nm steps as shown. (b,c) Measuring a large number of individual steps using an optical force clamp makes it possible to distinguish that kinesin takes all 8 nm steps rather than alternating 7 and 9 nm steps. Adapted from refs 281 and 285.

Translation: Electric-Field-Based Translation through a Nanopore. Properties of single molecules can also be inferred by causing them to pass through a nanometer-scale pore in a membrane small enough to allow passage of only one molecule at a time. Such measurements originated in the 1970s with patch clamp experiments on ion channel proteins in cell membranes. In these experiments, a glass micropipet was used to isolate a micrometer patch of the cell membrane, ideally containing a single ion channel. Ionic currents on the order of picoamperes could then be recorded at kilohertz frequencies to measure on/off switching of the ion channel at millisecond time scales.^{16,287}

More recently, this concept has been extended to include other types of membrane-embedded nanopores,¹⁷ including natural pores such as α -hemolysin proteins,^{288–290} synthetically fabricated solid-state pores,^{291,292} and carbon nanotubes.²⁹³ Such experiments predominantly use pores a few nanometers in diameter and use a small electrical potential (~ 0.1 V) to drive single DNA molecules through the pore based on their negative charge. This approach has been used to discriminate DNA length and in some cases even the type of DNA bases based on transit time and is beginning to be explored as a single-molecule DNA sequencing tool.²⁹⁴ Experiments using varying voltage have also been used as a way to apply controlled forces to a DNA hairpin structure to quantify unzipping forces (Figure 25)²⁹⁵ and to control and measure the activity of single DNA polymerases.²⁹⁰

Conformational Changes: Atomic Force Microscopy and Magnetic and Optical Traps. Force-based probes provide the ability to measure simultaneously both nanometer-scale position changes in the probe and the magnitude of forces being exerted on or by the probe.²⁹⁶ This tandem capability is important in measuring the energetics of nanoscale motion, again ranging from subnanometer shifts of single atoms on surfaces to conformational changes of multimicrometer biomolecules.

Forces required to manipulate atoms and molecules on a surface can be measured using frequency-shift AFM measurements, as by Heinrich and co-workers, who found that tip-induced motion of CO on Cu{111} requires over 150 pN lateral force, an order of magnitude greater than the force required to manipulate a Co atom on the same surface;²⁹⁷ in contrast, both CO and Co on Cu(211) can be manipulated under comparable tunneling conductance conditions in the STM.²⁹⁸

Measurements of conformational changes in biomolecules typically require that the molecule be tethered to two different objects, at least one of which can be moved controllably. Examples of mobile probes include AFM tips, microscopic beads that can be engaged in optical traps, and microscopic magnetic beads that can be controlled by external magnetic fields. Such mechanical measurements provide important insights for a variety of biomolecular machines and structural proteins, which must either pull or resist pulling.

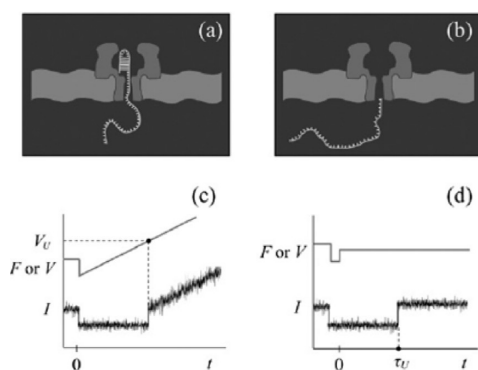


Figure 25. (a,b) DNA passing through an α -hemolysin nanopore. A self-complementary hairpin in the DNA prevents it from passing completely through the pore until sufficient voltage is applied. (c,d) Current readout showing ionic current drop when DNA blocks nanopore, and voltage (force) required to unzip the hairpin and complete the transit. Adapted from ref 295.

Early demonstrations included AFM- and optical-trap-based measurements (Figure 26a) of forces required to unfold subunits of titin muscular proteins (unfolding begins at 20–30 pN and finishes at 150–300 pN for each subunit)^{15,299} and cytoskeletal spectrin proteins (completing at \sim 25–35 pN).³⁰⁰ More recently, other measurements have included dual optical trap measurements of the forces (\sim 14 pN) required to unfold a single RNA hairpin (Figure 27).³⁰¹

A number of factors are critical in measuring such forces correctly.²⁷⁶ The chemistry (nonspecific vs thiol or other covalent attachment) used to tether the biomolecule to the probe and the surface can be key to ensuring reproducible measurements. Nonspecific adsorption is more straightforward in terms of sample preparation but may require screening of measured force curves to reject curves with unsuitable binding. The rate at which the pulling force is varied also impacts measurements—for instance, in the titin measurements above, measured unfolding forces varied from 130 pN at 0.01 $\mu\text{m/s}$ to 190 pN at 1 $\mu\text{m/s}$.¹⁵

Conformational changes can also be measured using optical traps.^{26,279,302} Optical traps typically apply forces <100 pN. This makes them most suitable for measuring conformational changes in biomolecules such as nucleic acids since protein unfolding often requires forces >100 pN.⁴⁵

In some cases, a dual-trap formation is used, in which the target molecule is tethered to two beads rather than a bead and the surface. This configuration eliminates problems with surface drift and can increase measurement precision since the two beads are tethered together and thus experience correlated Brownian fluctuations.⁴⁶ For example, Liphard and Bustamante measured the energetics of unfolding of single RNA hairpins tethered by DNA handles to two trapped beads (Figure 27).³⁰¹ Equilibrium constants were calculated based on applied forces required for repeated unfolding and refolding (Figure 27e); in

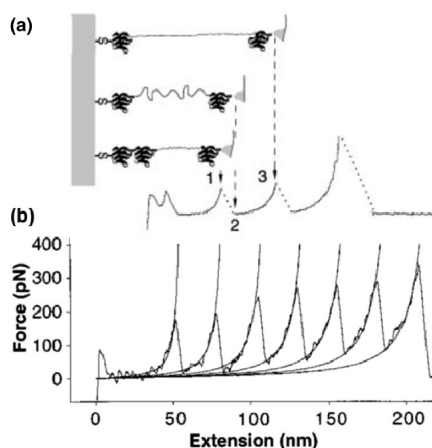


Figure 26. (a) AFM pulling on single titin Ig proteins. (b) Each peak in the force–distance curve corresponds to unfolding of a single titin repeat unit. Adapted from ref 15.

addition, the single-molecule nature of the experiment allowed observation of “hopping” between folded and unfolded states at a static force near the unfolding force (\sim 14 pN) (Figure 27d). More recent examples of the resolution that can be achieved using this technique include the measurement of single-base precession (0.34 nm) in an RNA polymerase²⁸⁴ by Block and co-workers and studies of intersubunit coordination in ring ATPases by Bustamante and co-workers, in which high loading forces (40 pN) allow 2.5 bp substeps (0.85 nm) to be resolved.³⁰³

External forces such as solvent flow fields and electric fields can also be applied, either alone or in combination with a force-generating tethered probe to extract even more information from the system.³⁰⁴ Classic example includes the early work of Bustamante and co-workers⁵ and Chu and co-workers,^{7,13} investigating the complex mechanical behavior of single DNA molecules.

To measure the elastic response of single DNA molecules to a range of forces from 0.1 to 100 pN, Bustamante and co-workers used single $\sim 30 \mu\text{m}$ DNA molecules bound at one end to a glass surface and at the other to a 3 μm magnetic bead.⁵ The position of the bead was monitored optically as a magnetic force (<1 pN) was applied and an orthogonal hydrodynamic force (up to 30 pN) was applied by flowing solvent through the sample chamber (Figure 28a). The small magnetic force was used to calibrate the larger hydrodynamic force, which would otherwise be difficult to measure near a surface due to shear effects.

Studying the relaxation of DNA in solution, Chu and co-workers used DNA (up to 50 μm) bound at one end to a polymer bead and labeled with fluorescent dyes along the length of the helix. An optical trap immobilized the bead while flowing solvent stretched the DNA, and an optical microscope was used to observe the DNA relaxation process at video rates.¹³

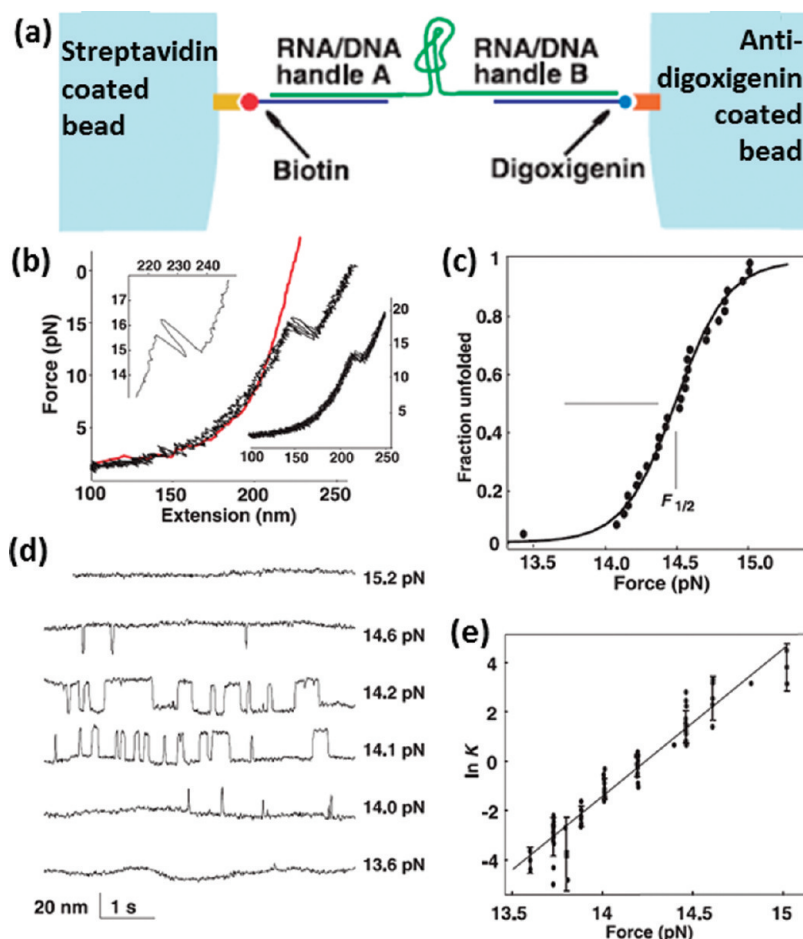


Figure 27. Reversible unfolding of single RNA hairpins pulled between two light-scattering $2\ \mu\text{m}$ beads. (a) RNA hairpins are attached to beads through 500 bp hybridized RNA/DNA handles. (b) Force vs extension curves show differences in extension behavior for RNA/DNA handles with (black) and without (red) a hairpin loop sequence. (c) Average unfolding force calculated based on 36 sequential unfolding/refolding events in a single molecule. (d) Length vs time traces at constant forces show hopping between folded and unfolded states at forces from 14.0–14.6 pN. (e) Calculation of unfolding equilibrium constant based on applied force. Adapted from ref 301.

Many biomolecules, including DNA, are charged and can be manipulated by electric fields, a fact that is exploited in electrophoretic separation. Large DNA molecules have been optically trapped and manipulated directly (*i.e.*, without polymer bead labels) by Zare and co-workers.³⁰⁵ The application of external electric fields can also be combined with other single-molecule techniques to increase control. For instance, in the work of Washizu and co-workers, DNA tethered at one end to a surface was stretched using an electric field, which exerted force on the negatively charged phosphate groups found along the DNA helix.³⁰⁶ Enzymes connected to optically trapped polymer beads could then be manipulated precisely with respect to the DNA molecule and used to cut the DNA in well-defined locations.³⁰⁷

Rotation. Magnetic nanoparticles are especially useful as force-applying probes since they can be controllably rotated by an external field to change the orientation of the target. Torques exerted by typical particles ($>0.5\ \mu\text{m}$) are on the order of $\text{nN}\cdot\text{m}$, much larger than relevant forces in most biological processes.

Thus, to date, the rotational capability has largely been exploited to create a fixed “winding” state as a starting point for force vs extension experiments. In a classic example, a $\sim 20\ \mu\text{m}$ DNA double helix was bound at one end to a glass slide and at the other to an anisotropic magnetic nanoparticle; the nanoparticle was rotated using an external magnetic field, and force vs extension curves were measured for the helix across a range of over- and underwound states up to 500 rotations (Figure 29).⁶ Similar measurements have been performed on other biological systems including DNA interacting with enzymes such as topoisomerase³⁰⁸ and the rotational motor F_1 -ATPase.³⁰⁹

Recently, torque has also been applied in an optical trap, using polarized laser illumination and birefringent trapped particles.³¹⁰ Nanofabricated quartz cylinders can be used to apply pulling forces up to 100 pN and torques ranging from 10 to 3000 $\text{pN}\cdot\text{m}$. The cylinders can also be selectively biofunctionalized; this capability has been exploited to study DNA phase transitions with supercoiling.^{311,312}

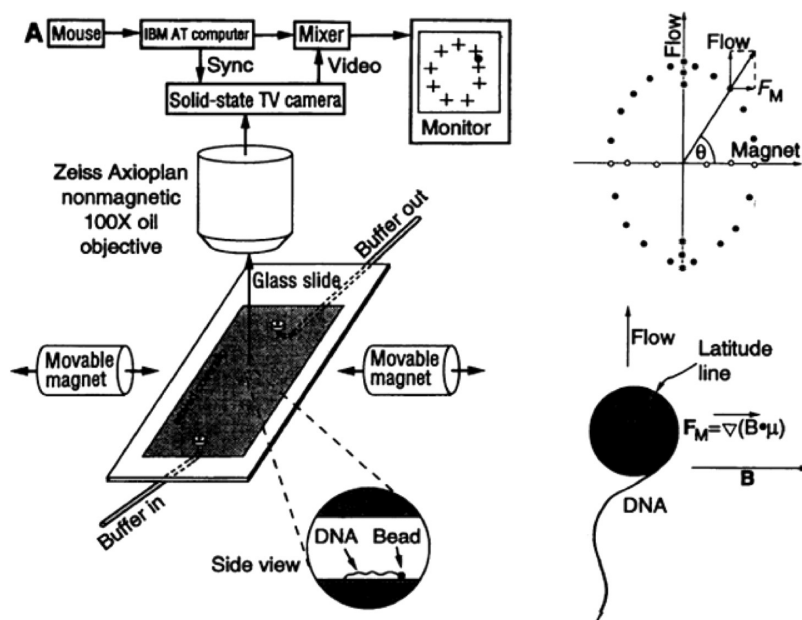


Figure 28. Both magnetic and flow forces are used to measure force vs extension curves for single DNA molecules. DNA tethered at one end to a glass slide and at the other to a $3\text{ }\mu\text{m}$ magnetic bead is subjected to both flowing solvent and a magnetic field in another direction to allow more precise force calibration. Adapted from ref 5.

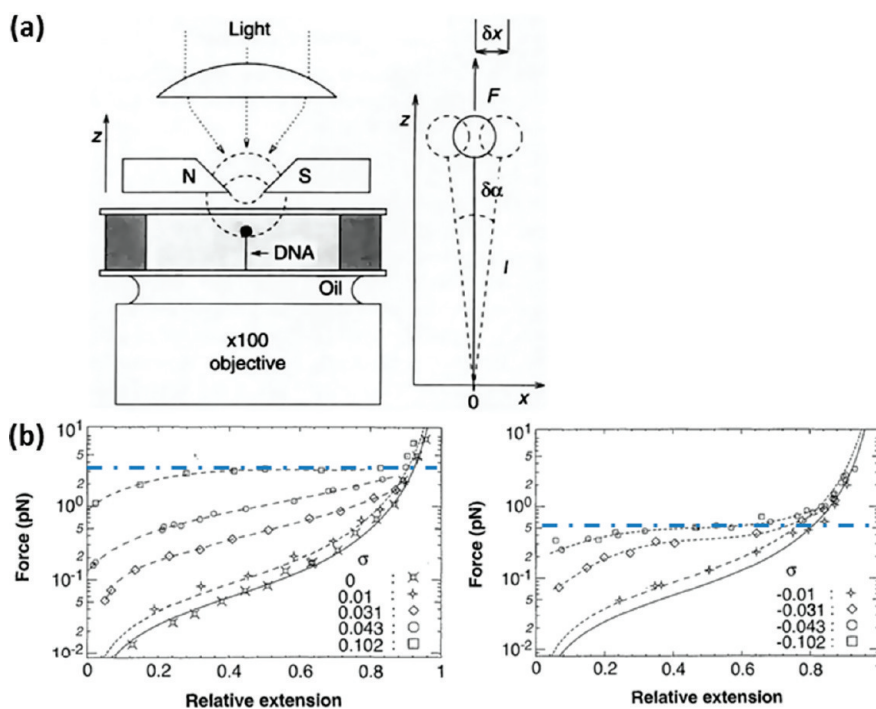


Figure 29. (a) Magnetic bead winding measures force vs extension curves for single $17\text{ }\mu\text{m}$ DNA molecules based on fraction of supercoiling (σ). (b) Positively supercoiled DNA exhibits a transition to slower extension at forces greater than 3 pN, whereas (c) a similar transition occurs for negatively supercoiled DNA at 0.45 pN. Adapted from ref 6.

Electronic and Nuclear Spins: MRFM. At the nanoscale, electronic and nuclear spins can be detected through force-based measurements using a variation on AFM.³³ In magnetic resonance force microscopy (MRFM), samples are mounted on an ultrasensitive silicon cantilever. The cantilever is positioned about 25 nm above a magnetic nanoparticle that produces a highly inhomogeneous magnetic field, with field gra-

dients exceeding 10^6 T m^{-1} in the vicinity of the sample.³¹³ The spatially dependent magnetic field from the nanoparticle, combined with an additional uniform field of around 2.8 T,³¹⁴ creates a small resonance region of aligned spins within the sample. The local magnetic field strength inside this resonance region is such that the Larmor precession frequency of the aligned spins matches the frequency of an

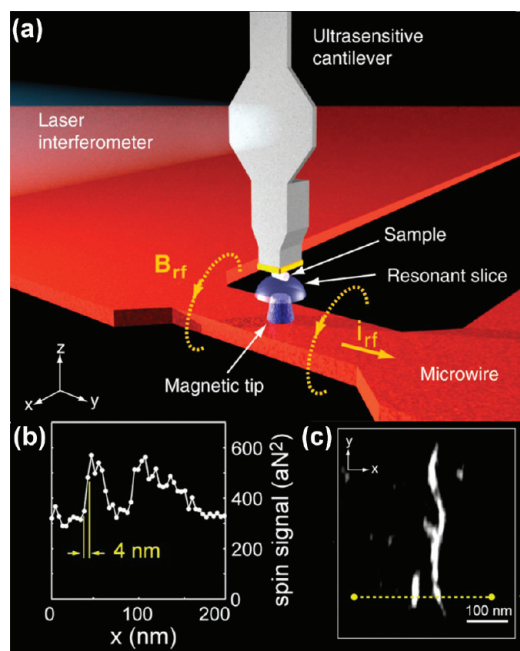


Figure 30. (a) Single-molecule detection based on spin using magnetic resonance force microscopy. (b) Cross section of a single tobacco mosaic virus. (c) Image of tobacco mosaic virus. Adapted from ref 313.

applied RF pulse. Measuring the resonant response of the cantilever to the RF pulse as it is scanned in a three-dimensional raster pattern through the resonance region enables 3D mapping of spins within the sample.

Although conceptually similar to conventional magnetic resonance imaging (MRI), MRFM has important differences. In both techniques, the applied magnetic field polarizes the spins within the sample and induces a net magnetic dipole moment with a magnitude dependent on the Boltzmann distribution. In MRFM, however, the resonance region may contain as few as $\sim 10^3$ nuclear spins.^{33,313,314} With such a small number of spins probed, the resulting Boltzmann polarization is relatively weak at commonly employed field strengths. Instead, the signal is derived from the larger “spin noise” (\sqrt{N}) statistical polarization, enabling measurements of about nine orders of magnitude fewer spins than required for MRI.³³ MRFM measures the force experienced by these polarized spins in the inhomogeneous magnetic field. This force (typically on the order of 10^{-17} N) generates sub-Ångström oscillations of the cantilever, detected *via* interferometry, as the spins are resonantly inverted by the RF pulse.³¹³

Detecting such weak signals requires careful measurement techniques and instrument design. Maximizing the magnetic field gradient is critical to single-spin detection since larger gradients result in both higher forces acting on the magnetic moments (causing greater cantilever deflections) and smaller resonance regions (increasing spatial resolution and reducing the number of spins probed). To improve signal-to-noise

ratios, relatively long averaging times (1–10 min per pixel) are used. This necessitates an extremely stable environment, achieved by operating in high or ultra-high vacuum and at low temperatures (10^{-1} K).³³

Rugar, Mamin, and co-workers have already demonstrated the ability to detect single electron spins with a spatial resolution of 25 nm in one dimension using MRFM.³¹⁵ Nuclear spin detection poses a greater challenge due to the much smaller magnitudes of nuclear magnetic moments ($\mu_{\text{electron}} \approx 650 \mu_{\text{proton}}$). Currently, detection limits are still 2 to 3 orders of magnitude above those required for the detection of a single nuclear spin. However, spatial resolutions of <10 nm have been achieved, enabling imaging of large biological macromolecules such as tobacco mosaic virus (Figure 30).³¹³

CONCLUSIONS AND PROSPECTS

In the past two decades, single-molecule experiments have progressed from the first reports of single-molecule optical detection in a solid at liquid helium temperatures,³ and early reports of scanning probe molecular measurements, to the strikingly diverse array of measurement techniques discussed here. Single-molecule technologies, including high-throughput methods for single-molecule DNA sequencing,^{316–318} are being commercialized, and early outreach efforts are bringing single-molecule magnetic bead experiments to high school classrooms.

While phenomenal progress has been made across all techniques, much remains to be done. In the limit, it may be possible to understand the chemical structure, dynamics, and interactions of an arbitrary target molecule or molecular assembly. Such a capability would depend upon the native strengths of many of the methods described here, as well as the combined creative efforts of scientists in disciplines ranging from physics to chemistry to materials science and biology. Some future directions for these efforts are clear; others will no doubt surprise us.

Instrumentation and analysis advances in electron-based techniques are increasing time resolution³¹⁹ and making more chemical information available from scanning tunneling microscopy.^{31,52} These will expand the range of both structural and dynamic problems that can be investigated using STM. Molecular devices will benefit from advances in multiprobe instrumentation.^{320,321} Likewise, increasing resolution in TEM combined with advanced image analyses are beginning to provide routine methods for detailed biological structure analysis at the molecular scale,⁶⁸ including DNA sequencing.³²² As liquid¹¹⁸ and *in situ* TEM¹¹⁵ become more broadly available, the types of dynamic processes that can be observed should also grow to include the motion of single molecules, possibly with labeling strategies³²³ similar to those employed in fluorescence measurements. Advances in electrode fabrication will likely make single-molecule conductance

and electrochemical measurements feasible even on complex molecules including enzymes.^{324,325}

Photonic experiments will benefit both from advances in instrumentation and in labeling techniques. New instrumentation is improving 3D measurement capabilities²² and measurements in inhomogeneous biological environments.³²⁶ Careful design of both instruments and probes can also maximize the utilization of photons, minimizing photodamage.³²⁷ Development of small, high-brightness, slow-bleaching probes will be critical,³²⁸ as will near-IR probes that facilitate imaging in tissue,³²⁹ discrete plasmonic probes,³³⁰ and labeling strategies that minimize uncertainty in the placement and orientation of the probe relative to the target. Single-molecule FRET measurements will also continue to gain traction as a means of quantifying the behavior of biological molecules at length scales below 10 nm.¹⁰ The recent emergence of nonfluorescence-based optical detection strategies^{201–203} and the development of next-generation X-ray sources, such as X-ray free-electron lasers,^{331,332} also promise to open new experimental avenues.

Single-molecule force experiments are becoming increasingly important as there is greater understanding of the interplay between force and structure at these length scales. In addition to the high-precision spatial measurements offered by frequency-shift AFM, a wide variety of other AFM measurement modalities are emerging, quantifying not only electrostatic and magnetic forces but also piezoelectric responses,³³³ spin polarization,³³⁴ and mass.³³⁵ Experiments in which the target molecule is bound to the probe will benefit from specific attachment strategies that increase reproducibility, as well as discrete labeling strategies that ensure a single molecule is bound to the probe particle. Novel methods for applying force will continue to emerge,³³⁶ as will strategies for probing subsurface features using force-based scanning probes.³³⁷

Finally, since each measurement has native strengths and limitations, a complete understanding of the structure and function of a single molecule as it interacts with its environment may ultimately arise from the ability to combine modalities. Optical trapping has led to a natural overlap between optical and force-based measurements of forces as they relate to motion on the nanoscale in biological systems. Recently, AFM measurements have also been combined with both STM³³⁸ and TEM,¹¹⁵ opening the possibility of direct, label-free measurement of subnanometer structural changes in response to force. The ability to perform optical and electronic single-molecule measurements simultaneously could help bridge the native length scales of each experiment. Ultimately, such combinations may provide the key elements for understanding molecular structure and function: subnanometer spatial resolution, millisecond or better temporal resolution, a high

degree of chemical information, and flexibility to operate in complex biological environments under ambient conditions.

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